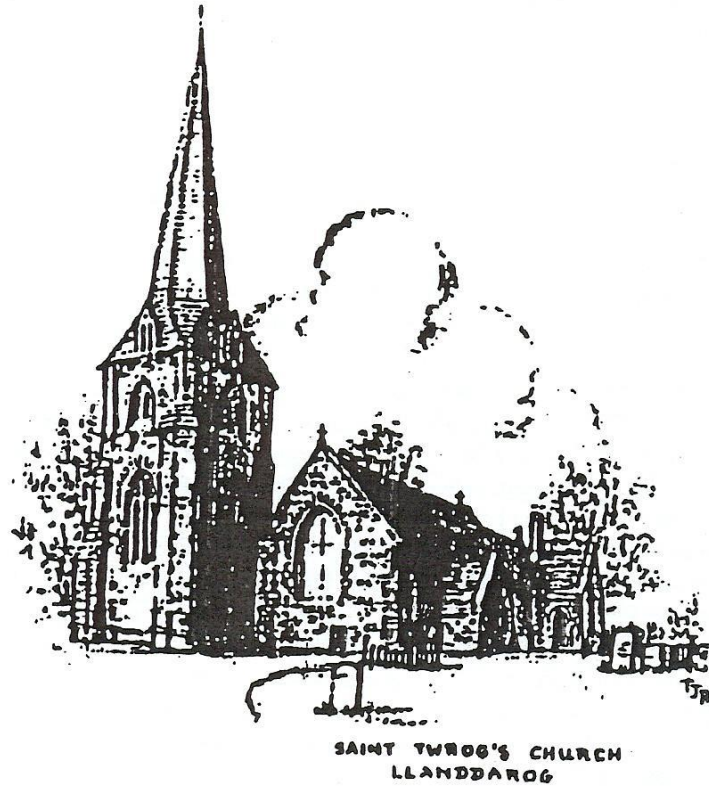


Tafod Twrog

Rhif/No 96

Mai/Mehefin/Gorffennaf 2024
May/June/July 2024



Ficer/Vicar

Canon Chancellor Dewi Roberts

01267 275556

Offeiriad Cysylltiol/Associate Priest

Rev. Jean Voyle Williams M.B.E.

01267 275222

www.eglwysllanddarog.org / www.llanddarogchurch.org



Annwyl Bawb

Wrth i ni edrych yn ôl ar ddathliadau Y Pasg a'r suliau sy'n dilyn, gobeithio bod y gorfoledd "Mae Iesu yn fyw, Haleliwia" o hyd yn ein cynnal ac yn rhoi ysbrydoliaeth i ni.

Pan o ni yn ddisgybl yn Ysgol yr Eglwys yng Nghymru Llanddarog fe fyddai Gŵyl y Dyrchafael yn amser pwysig i ni, hanner diwrnod i ffwrdd o'r Ysgol ond gorfod mynd i lawr i un o eglwysi tref Caerfyrddin i wasanaeth y Pwnc. Roedd fy ffrind gorau yn yr Ysgol Angela Skym (Owens pryd hynny) yn cael hanner diwrnod o wyliau gan mai capelwraig oedd hi, ac o ni pryd hynny yn genfigennis o'r capelwyr. Ond i'r Pwnc roedd rhaid mynd, a Mrs Rosa Jones ein hathrawes Ysgol Sul wedi ein trwytho yn yr ysgrythur cyn mynd. Oedfa special gyda te blasus i ddilyn, chware yn y Parc neu ymweld a'r Amgueddfa a oedd bryd hynny yn stryd y Cei, (yr unig beth a oedd ar agor yn y dref ar brynhawn Dydd Iau). Oedfa i oedolion yn y nos, a rhaid oedd aros am honno hefyd gan y byddai ein rhieni yno gyda ni. Dyma gyfnod y dillad newydd ar gyfer yr ŵyl, ond eto faint sydd bellach yn cofio neges y Dyrchafael.

Cofiw'n hefyd fod Y Pentecost (Dydd Penblwydd yr Eglwys) ar y gorwel, a byddwn yn dathlu yr Ŵyl ar Fai 19eg. Gŵyl arall yn anffodus sydd bellach yn cael ei anghofio gan i'r mwyafrif edrych ymlaen i Ŵyl y Banc ddiwedd Mis Mai. Felly dwy ŵyl bwysig yng nghalendr yr Eglwys sydd yn cael ei diystyru gan y mwyafrif heddiw.

Mae angen i ni fel Cristnogion y presennol ganolbwyntio ar ddathlu a mynychu gwasanaethau y ddwy Ŵyl bwysig hyn (fe welwch pryd mae'r gwasanaethau yn y Dyddiadau yn y rhifyn yma o Tafod Twrog).

Ar ol y Pandemic i ni gyd bellach wedi mynd 'nôl i gwyno bod bywyd yn brysur, dim amser i beth hyn a pheth arall, a ffeindio un awr mewn wythnos i fynychu lle o addoliad allan o'r cwestiwn. Byddaf yn meddwl yn amal am fy mamgu a'm datcu a oedd yn byw yng Nghefnethin ac yn Bresbyteriaid rhonc, ac fel y byddai fy mamgu yn gweini ar y Pregethwyr o Sul i Sul, ac wedi gwneud hynny am dros 40 mlynedd. Rhai y dyddiau hynny yn cyrraedd ar ôl cinio Dydd Sadwrn a gadael ar ôl cinio Dydd Llun. Cerdded o Gefneithin i Beniel Foelgastell i oedfa bore Sul, nôl a pharatoi cinio, cerdded i'r Ysgol Sul, paratoi te, cerdded i oedfa yr hwyr, ac ar ôl dychwelyd swper i baratoi. Roedd hyn cyn dyddiau y mod cons, a'r meicrodon a'r Air fryer ddim wedi cael ei meddwl amdano. Dyddiau

pan oedd pobol yn gweithio yn galed, berwi y dillad mewn boiler a mangle i'w gwneud yn sychach. Doedd neb yn gwrgnach, ond o nhw yn barod i ddodi addoliad yn ganolbwynt ei bywyd bob wythnos, gan fod cymaint i ddiolch amdano. Oes mae cymaint gyda pob un ohonom ei ddysgu wrth ein cyndeidiau.

Gobeithio y cewn ni gyd weld a mwynhau yr heulwen yn ystod misoedd yr Hâf, yn enwedig ar ôl yr holl law i ni wedi ei gael yn ystod misoedd y Gaeaf. Mwynhewch yr Hâf a gobeithio y cewch amser i ymlacio. Os allwch ffeindio amser mewn wythnos i addoli, fe fyddwn yn falch iawn o'ch croesawi i Eglwys y Plwyf. Galwch mewn i'n gweld ac fe gewch groeso twymgalon. Ydy "Mae'r Iesu yn fyw Haleliwia".

Pob bendith

Jean

Dear All

After the very long and wet Autumn and Winter and a disappointing Spring so far, I'm sure we look forward immensely to a dry and sunny Summer. They do say that we all need sunshine, as our bodies need vitamin D which is called the sunshine vitamin. When your skin is exposed to sunlight, it makes vitamin D from cholesterol. Some of the symptoms of Vitamin D deficiency are fatigue, bone pain, depression and loss of appetite. Some people take a vitamin D tablets to ensure that their bodies are in a better state. We know that our bodies are dependent on a number of vitamins and many health experts would say that the three most important are Vitamin D, B12 and Iron. People spend a lot of money on different therapies to enhance their quality of life.

Living a healthy Christian lifestyle involves more than just physical exercise and diet. It encompasses mental, emotional and spiritual well-being. Regular prayer, meditation on scripture and community involvement are as crucial as a balanced diet and physical activity. Yes, we need some vital vitamins to improve our Spiritual life. We certainly need the sunshine vitamin which is prayer. Probably what is best to do is identify the essential virtues for a Christian. I would recommend reading Galatians 5 verses 22-23 "But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control".

Also reference to the second Book of Peter Chapter 1 verses 5-8 - Seven Supplements for Spiritual Vitality and Maturity: "For this very reason, make every effort to supplement your faith with virtue, and virtue

with knowledge, and knowledge with self-control, and self-control with steadfastness, and steadfastness with godliness, and godliness with brotherly affection, and brotherly affection with love”.

Corrie ten Boom was an example of a true Christian who lived her faith in God and is an example for all of us. It is indeed worth reading her three books “The Hiding Place”, ‘In my Father’s House’ and ‘Trampoline for the Lord’. Her life is a story of terrible hardship but more importantly great faith in God. She was a Dutch watchmaker and later a Christian writer and public speaker. Her family helped many Jewish people escape from the Nazis during the Holocaust in World War 2 by hiding them in their home. Her family were caught and she was arrested and sent to the Ravensbruck concentration camp. While imprisoned she found and shared hope in God. After the war she returned to the Netherlands to set up a rehabilitation centre. One of her most famous quotations is “Worry does not empty tomorrow of its sorrow, it empties today of its strength”. Corrie’s faith inspired her to serve society, offering shelter, food and money to those in need. Her faith was so strong that she once said “Never be afraid to trust an unknown future to a known God”.

If the vows made on our behalf by our parents and godparents at our Baptism and confirmed by us at our confirmation are anything to go by, we know that we are reliant on our Spiritual Vitamins to make us stronger and more active Christians. Yes, we need our daily dose of Prayer and our weekly dose of communal worship but we also need to be active and committed Christians 24/7.

Every blessing

Jean

Altar Flower Rota

5 th & 12 th May	Ruth & Eleri Davies
19 th & 26 th May	Kim & Rebecca Davies
2 nd & 9 th June	Daphne & Tomos Evans
16 th & 23 rd June	Gwenda & Les Evans
7 th & 14 th July	Sue and John Evans
21 st & 28 th July	Allan and Caerwen Gibbard

Editorial

I hope you enjoy the two new articles – “Tell me about yourself” and “My favourite recipe”. I thought it was about time we brought in something different to Tafod Twrog, although I know its well received by many in our community anyway.

Being an active Church and community, I can see that there’s a lot going on in the next few months as always. Its good to know that both Llanddarog WI and Merched y Wawr are able to use the Church for their meetings while the Neuadd is being re-built, as well as other groups in the community if they wish. I was imagining short mat bowls in the aisle of St Twrog, but no, they have moved to the Gwendraeth for the time being. What a difference it will make to have a new village hall. The Hall Committee have done a wonderful job in maintaining the hall over the years and in ensuring the new village hall will meet the needs of the community.

Kate and Rob have been on their travels again and after hearing from the Carmarthen Domestic Abuse Service at our Mothers’ Union meeting, I’m sure we will be making collections to donate to them. It takes a lot of strength to move from an abusive situation and as Christians its important that we help in whatever way we can.

And now an advertisement for our Open Garden (well, what’s the point of being Editor if I can’t do that!!). This year it will be on Saturday, 1 June, with proceeds to be shared between St Twrog Church, Llanddarog Show and Velindre Hospital (in support of William Beynon).

I would appreciate your articles for Tafod Twrog, covering August, September and October, by 15th July 2024, please.

Margaret Rees
reesmargaret@outlook.com

"Let God’s promises shine on your problems." - **Corrie ten Boom**

"The best and most beautiful things in this world cannot be seen or even heard, but must be felt with the heart." - **Helen Keller**

"Be faithful in small things because it is in them that your strength lies." - **Mother Teresa**

"We gain strength, and courage, and confidence by each experience in which we really stop to look fear in the face...we must do that which we think we cannot." - **Eleanor Roosevelt**

Bedydd/Baptism

18.2.24 Brythin Beasley Park, Danescourt, Cardiff

Priodas/Marriage

Yn y cwarter diwethaf ni fuodd yna briodas / No marriages were held in the church in the last quarter.

Angladd/Funeral

We sympathise with Diane and her family on the sudden death of her son Mark.

Cofiw'n yn gariadus am bawb a fu farw yn ddiweddar; ac am bawb y mae tymor eu coffhad yn syrthio yr adeg hon o'r flwyddyn. Bydded i'r ffyddloniaid ymadawedig orffwys mewn hedd a chyfodi mewn gogoniant. / We remember with love all those who have died recently and those whose anniversaries fall at this time of the year. May the faithful departed rest in peace and rise in glory.

Katherine Ann Davies

Cynhaliwyd angladd Katherine Ann Davies Pontfaen yn Eglwys Sant Twrog ar Ddydd Gwener 26^{ain} o Ionawr. Cydymdeimlwn gyda Bertie, Dianne, Martin, Dawn a'u teuluoedd.

Bu farw tad Ann, pan oedd hi ond dwy mlwydd oed, trwy ddamwain yn y pwll glo yn Saron ac felly nid oedd ganddi ddim cof ohonno. Hefyd bu farw ei mam o gancr pan oedd Ann ond yn bymtheg mlwydd oed a bu Ann yn nyrsio ei mam a dyna y rheswm iddi benderfynnu mynd yn Nyrs. Roedd ganddi frawd a chwaer Eirlys a Ieuan.

Bu Ann yn gweithio yn Woolworth Llanelli ar ôl gadael ysgol a bu yno hyd iddi fod yn ddeunaw, a wedyn mynd i Ysbyty Treforus i ddysgu bod yn Nyrs a graddio gyda SRN a mynd i weithio yn Ysbyty Glangwili. Tra'n byw yn San Ffagan buodd Ann yn nyrsio yn Nglanely Caerdydd a wedyn yn Ysbyty yr Heath fel sister nos, ac roedd yn nyrs arbennig a phawb yn ei chanmol. Fe fuodd yn nyrsio am 27 o flynyddoedd.

Roedd hi a Bertie wedi bod yn briod am 64 mlynedd ac roedd Ann yn frenhines y teulu gan y byddai yn edrych ar ol pawb a phawb o'r teulu yn ei haddoli. Y teulu oedd ei bywyd. Roedd yn aelod o Eglwys Sant Twrog a chyn i'w hiechyd ddiriwio fe fyddai yn mynychu yr Eglwys a da oedd ei gweld bob amser, o hyd yn hawddgar a siaradis.

Bertie mentioned that Ann was a nurse for 27 years being highly thought of in the hospitals where she worked and she was so proud of her family and they also idolised her. Bertie and Ann had celebrated 64 years of married life last December and he is so grateful to the children for their support during Ann's illness. I'm sure all of us will remember Ann's smile and her words of wisdom.

It was Mother Theresa who said "We shall never know all the good that a simple smile can do". She also said "Be faithful in small things because it is in them that your strength lies". Ann was faithful in everything that she did and we thank God for her life and for the privilege of knowing her and walking part of the way in her company. May she rest in peace and rise in glory. Coffa da am Ann a diolch i Dduw am gael ei hadnabod.

Jean Voyle Williams

Cleifion/The Sick

Gweddiwch dros bawb sy'n glaf mewn ysbryd, corff, neu feddwl, gartref neu mewn ysbyty/Please pray for the sick in body, mind or spirit at home or in hospital – gan gynnwys/including: Doreen Rees, Cindy Andrews, Marilyn Jones, Peg Harries, Gwyn Morris, Mags Rees, Eirwen Davies, Doreen Northwood, Vivian Rees. Please inform the wardens if someone falls ill or is in hospital.

Llongygarchiadau/Congratulations

There are some special birthdays in the next three months – Mags Rees and Marion Little will be 80 in July – on 10th and 18th respectively, Wendy Jones will be 70 on 27th May and Oksana will be 50 on 12th July. Llongyfarchiadau i Vilna a rei phenblwydd special ym Mis Gorffennaf.

Llanddarog Village Post Office and Shop

Tom and Charlotte would like to thank everyone who supported them during their time in the Butcher's Arms. Tomos and his friend Wayne are grateful for the support they are receiving from the local community in the Village Post Office and Shop. They are happy to order anything which is missing from the shelves and new suppliers such as Blas y Fwyd and Driftwood Designs are proving popular. A new health food/ sustainable range is also being developed. Home deliveries are popular too and provide a valuable service for the elderly, infirm or lonely.

PLANT DEWI – COFFEE AND PANCAKE MORNING

The fantastic attendance was probably due in part to this year's special guest, the newly enthroned Bishop of St. Davids, Rt. Revd Dorrien Davies. This made it a very special occasion and we are extremely grateful to him both for his lively address and his generous donation to Plant Dewi.

The other reason for the high attendance was surely the performance by our own Tannau Twrog so ably led by Mr and Mrs John James. Although it was difficult for those at the back of St. Peter's Civic Hall to hear due to the many conversations going on, many of those sitting nearer the front certainly enjoyed listening to our ukulele players and I saw several singing along! Thank you so much to all of you who gave up your morning. It was much appreciated, and you certainly put our Church on the map! As did the ever inspirational, Revd Jean Voyle Williams with her humorous and professional introduction of our Bishop.

Llanllwch parishioners served their wonderful pancakes as usual and Christ Church served the coffee this year. Other parishes provided stalls and the morning raised in excess of £2300.00 which is an amazing sum for two hours' work on the day! It is hard work for everyone involved but we know that all the funds we raise go to support children and their families in our Diocese.

I mustn't forget to thank our faithful Treasurer, Mrs Mary Bound, as counting all the pennies at the end of the Coffee morning as well as organising the very successful 100 Club is a real labour of love!

Finally thank you to everyone who supported this annual event, we are truly grateful and having so many friends and supporters present makes for a very enjoyable morning.

Daphne Evans

"The best thing about the future is that it comes only one day at a time."

Abraham Lincoln

"Continuous effort -- not strength nor intelligence -- is the key to unlocking our potential." – *Winston Churchill*

Undeb y Mamau ~ Mothers' Union

On the 1st February several members attended the Archidiaconal Stripping of the Jesse Tree service in Llanfair church Cwmgors. It is at the far end of the Archdeaconry and most of us had never been there before and probably would have missed it as just the Lytch gate between some houses could be seen from the road. There was a good attendance, although most were from our "Deanery". Banners were paraded.

The speaker for our meeting on the 8th February was Nicola Davies, Trading Standards Officer, who made us aware of the various Scams that we could fall foul of. Many of us were aware of the online scams purporting to be from Amazon, HMRC, even the bank, offering rebates if we "clicked here", or fraud on our account and we need to move money to a safe account. Stop and think before doing anything; check for spelling; bad grammar; don't phone a number they suggest as they will still be on the line. Look for the padlock if shopping online. Similarly for scam phone calls, be aware, don't give any details. Also "tradesmen" who call because they have seen a loose tile, gutter, or drive that needs doing. Trading Standards has a list of reliable trades people, and various things such as a phone blockers to help us prevent scams.

In March we celebrated our Patron Saint with cawl, kindly prepared and served by Marian and Idris Daniels. Many thanks also to John James and Vilna Thomas for the entertainment and we all very much enjoyed singing some very well known hymns accompanied by John on the piano.

The Maundy Thursday cleaning of shoes took place at Porthyrhyd and Llanddarog Post Offices, despite the awful weather – see the short article by Revd. Jean with photos after this article.

Anne Marie from Women's Aid came to talk to us about Women's Aid at our April meeting. A very interesting presentation starting with explaining that the organisation is now called Carmarthen Domestic Abuse Services to ensure that all genders are included. Domestic abuse happens not only to young women. Age and gender are not a barrier to abuse. Funding is always an issue for this important service, but they are supported by the police and continue to seek funding from a variety of organisations to ensure continuity.

They run a refuge in Carmarthen, which has rooms for single people as well as families who often arrive with nothing but what they stand up in. To that end the en-suite rooms provided in the refuge are welcoming, with new towels, soap, etc., so that the experience for them is almost like a hotel, but homely.

Care is taken to make their stay a positive one, identifying from each individual what they need and provide a safe environment. People come to them from all over Wales and sometimes from other parts of the UK.

Many will need clothes, food for their children/babies. The refuge will often be given a 'baby bundle' by Plant Dewi for which they are so grateful. But this is where Llanddarog MU can help. By donating things like new items of clothing, including night clothes, and things that you know a family will need to set up a new home. Anne Marie said that a Tesco voucher was very useful to them as they can send those in need to Tesco with, say, a £10 voucher to buy exactly what they need. Carmarthen Domestic Abuse Services supported 440 people last year. Let's help them do this by donating what we can.

Dates for your Diary

Mai/May 9

6.00pm Trip i ymweld ag Eglwys mewn Ardal Weinidogaethol cyfagos/Trip to visit a Church in a neighbouring LMA. Leaving St. Twrog at 6pm.

Mehefin/June 8

11am to 4pm Digwyddiad Esgobaethol yng Nghadeirlan Ty Ddewi/ Diocesan Event at St. David's Cathedral. Workshops, stalls and activities
3pm Service led by Bishop Dorrien. Banners required.

Mehefin/June 13

7.00pm Guest speaker, Professor Donna Mead OBE, Chair of Velindre NHS Trust.

Gorffennaf/July 11

7.00pm Cerdded o amgylch yr Eglwys a'r pentref i ddeall rhagor am eu hanes/A walk around the Church and Village to learn more about the local history.

Meetings are held in church on the 2nd Thursday of the month at 7pm, unless stated otherwise. New members always welcome. Enquiries to Rev. Jean Voyle Williams 01267 275222

Dydd Iau Cablyd/ Maundy Thursday

Ar Fore Iau buodd rhai o aelodau Undeb y Mamau yn glanhau Esgidiau tu allan i Swyddfeydd Post Llanddarog a Phorthyrhyd a diolch i Tomos a Nathan am y croeso.



Golchodd Iesu draed ei ddisgyblion ar Nos Iau Cablyd ac fe wnaetho ni sgleinio esgidiau fel arwydd o wyleidd-dra a gwasanaeth. Roedd yr arian a gasglwyd yn mynd i Teenage Cancer Trust Cymru. Elusen sydd wedi bod o gymorth mawr i William Beynon yn ei salwch. Dymunwn yn dda i William a diolch iddo am

rannu ei stori mor ddewr gyda ni ar rhaglen Prynhawn Da yn ddiweddar. Casglwyd £400 a diolch I bawb am ei haelioni.

Mothers' Union members cleaned shoes outside the two Post Offices at Llanddarog and Porthyrhyd on Maundy Thursday. Jesus washed his disciples' feet but we polished shoes as a sign of humility and service. We thank Tomos and Nathan for their welcome and we raised £400 for Teenage Cancer Trust Wales.



Thanks to everyone who supported us.

Cyfarfod Cyn-festri Blynyddol/Annual Pre-Vestry Meeting
23 Mawrth/March 2024
Cofnodion/Minutes

There were 21 members present. The meeting commenced with prayers.

1. Minutes of the Pre-Vestry Meeting 2022

These were read, approved and signed correct.

2. Matters Arising from the Minutes:

- a. Church Tower: Awaiting a meeting with the Archdeacon and Carreg Law
- b. Margaret Rees was still working on the possibility of having internet in the church having ascertained that it will not be possible to use a traditional telephone line and modem.

3. Financial Report 2022 Presented by Robert Jones, Treasurer

Whilst loose collections and donations had reduced slightly, fundraising had increased. It was pleasing to see that, after renovation costs had been deducted, there was a slight increase in our current account.

The Treasurer raised his concern that the continued increase in Ministry Share was unsustainable in the long term. A special Diocesan Conference was being held on 6 July to discuss this particular issue.

The report was adopted and the Vicar thanked Robert for his very comprehensive report and his care and dedication throughout the year.

4. Chairman's Report presented by Canon Chancellor Dewi Roberts

As 2023 was a "Year of Pilgrimage" in the diocese, during the season of Lent we based our "Compline and Meditation" services around this theme. We held many special services, beginning with the Plygain service, with the St Twrog Plygain singers also attending the Plygain service in Llandeilo and on 15 December 2023 they also sang at the Plygain service in the Cathedral. The Sunrise service on Easter Sunday morning is always a wonderful way to begin our Easter celebrations and we are grateful to the Venerable Randolph Thomas for leading one of the main services on Easter morning and for his continuing support of St Twrog Church. Other special events include the Pilgrimage led by Janet Ingram on 8 July, Mothers' Union stripping of the Jesse Tree service on 2 February and Mary Sumner Day service on 9 August, followed by lunch in the "Butchers". On 30 September a special service was held to celebrate 70 years of the Surplice Choir followed by tea in the village hall where people who had come from far

and wide had an opportunity to reminisce. We had Welsh and English Harvest services, with Revd. Canon Dyfrig Lloyd, Cardiff, and Revd. Dr Adrian Morgan, Gorseinon, as guest preachers and on 8 October we had an outdoor pet service with a good number of children and animals present including a pig and a new born calf. The Crib Service on Christmas Eve was wonderful again this year, thanks to the leaders of Clwb Iau preparing the children for the service and to Myfanwy Rees for the nativity script.

The Vicar thanked all who contribute to the life of St Twrog. He particularly thanked Revd. Jean Voyle Williams without whose help he would be lost, being such a good guide and for her wise words.

The Vicar acknowledged that Wendy Jones had resigned her position as representative on the Llanddarog School Governing Body and thanked her for all the work she has done.

We remember with gratitude those who passed away during the year. We give thanks for their life and testimony. We continue to pray for all who are sick and may they know patience in their suffering.

5. Health and Safety Report – Presented by Huw Voyle Williams

Huw Voyle Williams said that we have a duty to ensure the safety of graves and these are regularly checked as the grass is mown. The work on the trees in accordance with the Tree Survey produced by Lampeter Trees has yet to be completed. The storm damage to the wall is being dealt with through insurance. Due to the state of the floodlighting, new floodlighting has been installed and the lights inside the church have been replaced by LED bulbs. As part of the renovation work new steps with handrails both sides have been placed at the external entrance to the Vestry for safer access. Due to several large pieces of stone falling from the tower and people walking under the tape used to cordon off the area of danger from falling masonry, it was decided to purchase and place Heras fencing around the tower. The report was adopted. The Vicar thanks Huw and Peter for their attention to detail in respect of Health and Safety.

6. Elections and Appointments

- a. Church Wardens: Mair Rees to remain as Vicar's Warden. Huw Voyle Williams to remain as People's Warden
- b. Secretary: Vilna Thomas re-elected
- c. Minute Secretary: Margaret Rees re-elected
- d. Treasurer: Robert Jones re-elected.
- e. Health and Safety Officer: Huw Voyle Williams and Peter Rees re-

elected.

- f. St Twrog Representative on School Governing Body: Carol Owen was elected.
- g. Safeguarding Officer: Kim Davies was elected
- h. Sub-Committee: Re-elected.
- i. Church Committee: John and Doreen Rees resigned from the Church Committee. The Vicar thanked them for their significant contribution to the Church Committee over the years, hoping that John will still feel able to continue as bell ringer and to hold the cross at procession and recession at special services to which John readily agreed. Margaret Morris and Allan Haskins were elected onto the Committee. All other members of the Committee were re-elected.
- j. Auditor: Ruth Lewis was elected. Robert Jones was asked to thank Ruth most sincerely for continuing in this role.

7. Future Events

- a. Harvest services – The Welsh Service will be on 26 September with Nicholas Bee preaching. The English Harvest will be on 29 September, with the Preacher yet to be determined.
- b. Diocesan Conference will be held on 6 July, entitled “Pruning for Growth”.
- c. In October- a bilingual Morning Prayer or Eucharist service followed by a lunch.

8. Any Other Business

It was agreed that a bilingual family service with a simple format be arranged every other month to encourage more families to participate. Wendy Jones agreed to arrange such a service in June and Nia Thomas agreed to arrange one in August.

As there was no further business, the meeting ended with Grace.

Newyddion Ysgol Llanddarog – Tymor y Gwanwyn

Tymor byr iawn oedd tymor y Gwanwyn tro hwn, gyda gwyliau Pasg yn gynnar iawn eleni, ond serch hynny roedd digon i'w wneud gydag eisteddfodau, cystadleuthau a dathliadau Gŵyl Ddewi i baratoi ar eu cyfer.

Cawsom ddiwrnod wrth ein bodd yn y neuadd bentre ar Fawrth 1af wrth i ni ddathlu Dydd Gŵyl Dewi gyda'n heisteddfod flynyddol. Diwrnod hanesyddol

hefyd yn hanes y neuadd gan mai hwn oedd y digwyddiad olaf i gael ei gynnal ynddi cyn ei dymchwel er mwyn codi neuadd newydd sbon. Ar hyd y blynyddoedd mae'r neuadd wedi bod yn fan ganolog i ni fel ysgol i rannu gweithgareddau megis ein heisteddfodau blynyddol, cyngherddau, sioeau Nadolig a ffeiriau gyda chymuned Llanddarog ac mae gennym lu o atgofion am yr hen neuadd. Er i oes yr hen neuadd ddod i ben, edrychwn ymlaen nawr at gyfnod newydd a chreu atgofion yn y neuadd ar ei newydd wedd.

Roedd pawb wedi gwneud ymdrech i wisgo eu dillad traddodiadol ac yn edrych yn smart iawn a diolch i ddisgyblion Blwyddyn 6 am baratoi eu timoedd – Arthne, Cyndeyrn a Darog ar gyfer y cystadlu. Braff oedd gweld pawb yn cael y cyfle i gymryd rhan mewn amrywiaeth o weithgareddau yn ystod y dydd neu rai a drefnwyd eisioes yn yr ysgol. Cafwyd diwrnod hyfryd llawn hwyl a sbri yng nghwmni Mrs Angela Skym a diolch enfawr iddi am feirniadu'r cyfan oll - cystadleuthau'r dydd a chystadleuthau celf yr ysgol. Llongyfarchiadau i Angharad Llywarch ar ennill y Gadair am ei stori "Ar Goll" ac i Gynderyn am ddod yn fuddugol. Ar ddiwedd y dydd cyflwynwyd iddynt Tlws y Tîm Buddugol gan Miss Vilna Thomas.

Ar brynhawn 5^{ed} o Fawrth, aeth aelodau côr yr ysgol i ddiddanu'r henoed yn Neuadd Fach Porthyrhyd gydag ychydig o eitemau o'u dathliadau Gŵyl Ddewi a chystadleuthau'r Urdd eleni. Roedd hi'n brynhawn pleserus iawn a phawb wedi wir fwynhau ymuno yn y canu.

Llongyfarchiadau i Angharad, Ella, Megan a Lili-Haf am eu llwyddiant yn rownd gyntaf y Cwis Llyfrau. Maent yn edrych ymlaen i gystadlu yn y rownd nesaf lle mae gofyn iddynt baratoi a chyflwyno hysbyseb ar gyfer llyfr o'r rhestr dewis. Llongyfarchiadau hefyd a phob lwc i Angharad a fydd yn cystadlu ar yr Unawd Piano Bl. 6 ac Iau yn Eisteddfod yr Urdd Maldwyn yn mis Mai.

Fel rhan o'r prosiect 'Yr Ardd Newid Hinsawdd,' ymwelodd Adam Jones (Adam yn yr Ardd) â'r ysgol yn ystod y tymor i gynnig syniadau ar sut i ddatblygu gardd yr ysgol. Rhannodd ei wybodaeth am y ffordd orau o ddatblygu'r ardd fel ysgol gyfan a chymuned. Mae Eco-Gyngor yr ysgol wedi llunio cynlluniau ac wedi creu rhestr o adnoddau a deunyddiau sydd eu hangen arnom i ddechrau ar y gwaith. Rydym yn ddiolchgar iawn i'r rheiny sydd wedi gallu cyfrannu at y rhestr a roi o'u hamser i'n cefnogi yn y fenter hon. Os hoffech helpu neu wybod mwy cysylltwch â'r ysgol am fwy o wybodaeth.

Ar ddiwedd tymor y Pasg, ffarweliwyd â'n pennaeth Mrs Nia Phillips. Diolch iddi am ei chymorth a'i harweinyddiaeth yn ystod y flwyddyn a hanner diwethaf a dymunwn y gorau iddi nôl yn Ysgol Feithrin Rhydaman.

Ac yn olaf, mae Mr Iwan Price a Mrs Katie Strick yn mynd ar daith i Ganada am wythnos, fel rhan o Raglen Gyfnewid Ryngwladol Cymru – Taith yn mis Ebrill. Byddant yn teithio i Toronto, i Ranbarth Peel yn ymweld ag ysgolion er mwyn dysgu sut mae plant yn mynd ati i ddysgu yn yr awyr agored a'r effaith mae hyn yn ei gael ar lês disgyblion a staff. Rydym yn gobeithio y byddwn yn gallu dal i fyny gyda nhw ar eu taith yn ystod yr wythnos trwy ddefnydd cyfryngau digidol ac edrychwn ymlaen at glywed yr hanes am eu profiadau ar ôl iddynt ddychwelyd i'r ysgol.

Marian Evans

Clwb Iau



We have had a busy few months in Clwb Iau and are looking forward to spending more time outdoors. The children enjoyed the Easter Egg Hunt which we held in the Church grounds. We have been looking forward to developing the Clwb Iau Garden and the children were excited to

get planting.

As always we welcome any new children and we are hopefully going to welcome two new children during April.

These are our dates for May until we finish in July:

Sunday, 12 May 11am

Jean Voyle will come and discuss with the children about how different parts of the Church play an important role with some activities to follow.



Sunday, 19 May 11am

We will be talking about Pentecost with activities to follow.

Sunday, 9 June 11am

We plan to revisit the garden and plan an outdoor activity.

Friday 28 June 6pm

Annual Barbecue and Sports Evening at Cysgod y Llan

Sunday, 14 July 11am

This will be our last session until we return in September

Helen Beynon

COMMEMORATIVE COINS

Peter Rabbit, Benjamin Bunny, Flopsy Mopsy, Cotton Tail and Mrs Tiggy Winkle, have all recently featured on the 50 pence Commemorative Coins, now being very collectible. Coins which are in good condition can now be valued at £4 or more instead of the face value of fifty pence.

Some Commemorative Beatrix Potter coins such as the Mrs Tiggy Winkle fifty pence coin and Flopsy, Mopsy and Cotton Tail and Benjamin Bunny are all well loved and ever popular.

The Royal Mint has introduced a brand new, silver, King Charles III, five pound sovereign commemorative coin: which can be ordered from the Royal Mail. It will not be in general circulation.

The mischievous Peter Rabbit who boldly feasted on the carrots and cabbages in Farmer McGregor's garden is the one who has captured our imagination.

Peter Rabbit was such a naughty, disobedient, little bunny that he took no notice of his mother's warning. Instead, he deliberately went under the gate into Farmer McGregor's Garden. He lost his brand new blue, velveteen jacket, with the shiny gold buttons, and his little shoes his mother had worked so hard to provide. Worse still he had to hide in a watering can and narrowly ended up being put into one of Mrs McGregor's rabbit pies like his father had done. The other small creatures, such as the field mice showed him how to escape from the McGregor's garden. It was with great relief that he returned to his mother and siblings to his comfortable burrow in the sandy soil under the old willow tree.

It is so nice to see this timeless tale immortalised on the 50 pence coins and the brand new five pound sovereign commemorating the reign of our new King Charles who is so bravely being treated for cancer.

Debbie Roberts

A few days away

We were lucky enough recently to have been offered a deal by a hotel group we used some time ago which was so good we felt we had to accept and used Blackpool as a base from which to explore the wider area.

As usual, we aimed to make the most of our time and stopped at Martin Mere, near Ormskirk, on the way. This is a WWF site, similar to the one in Llanelli. There we were treated to the sight of lots of different water birds, as well as two types of flamingo, otters and giant-sized lego models of various creatures.

Sadly our planned rail journey around Morecambe Bay became a road trip as a sinkhole had opened under the track a few days previously, but the museum at Barrow in Furness was well worth visiting.



We were able to use the train to get to Lancaster, where we found the priory, castle and museum very interesting. In the priory I was attracted to this eye-catching banner. There were slips of paper for people to write their prayers and then place in the weave, to be read out at each Wednesday service. I thought it a lot better than a box with scraps of paper as seen in many other places.

On our journey home on Good Friday we stopped at a heritage railway as it opened for the season. Although small compared to other such places, we were impressed at how well it catered for families. Loudspeakers played tunes

such as Teddy Bear's Picnic, free face painting was on offer and the loos all supplied every possible aid a parent might need for a toddler. It was no surprise that the place was busy. Altogether a lovely few days, let's hope they send us another offer.

Kate and Rob Jones

My Favourite Recipe

So, who do you ask when you are thinking of starting a different type of article when its related to food – obviously Marian Daniels, who has had a vast experience of preparing food for her family and friends. And, of course, she was very happy to help, so here is Marian’s favourite recipe:

Best end neck of lamb with port wine and orange sauce

Ingredients:

2 pieces of best end neck of lamb

Juice and grated rind of one orange

4 Tablespoons redcurrant jelly (available in most major stores)

4 Tablespoons Port

1 Teaspoon arrowroot or cornflour for thickening

Lemon juice if necessary

Method:

Brush the lamb with oil, season and roast in oven to your liking.

While the meat is resting make the sauce as follows:

In a saucepan slowly heat the juice of an orange with the grated rind and the redcurrant jelly until the jelly has melted. Add the port wine and taste. If the sauce is too sweet you can add some lemon juice. Reduce the sauce by about a third over slow heat. Mix the arrowroot/cornflour with some cold water (until the mix is runny). Add the arrowroot/cornflour to the sauce, stirring continually.

Serve the lamb sliced with new potatoes and vegetables. Poor the sauce over the lamb. Add some fresh redcurrants for garnish (if available).

This recipe can also be served with baked camembert cheese or brie covered in egg and fried fresh breadcrumbs.

The Life of John Wesley



On 2nd March 1791, Methodist founder, Rev John Wesley died at his house in London following a five-day illness. He was 88 years old.

On 9th February when he was five his father's rectory caught fire some time after 11 pm. Young John managed to jump to safety by jumping out of the window of the burning rectory into the waiting arms of a good Samaritan. He narrowly escaped death like a “brand pulled from the fire”. From an early age John felt he had been spared death to serve a higher purpose. However, it wasn't until after his university education that John considered going into the church.

On May 24, 1738, Wesley had a major conversion experience at Aldersgate in London which gave him a renewed interest in becoming a Christian. Each year Wesleyans celebrate May 24th as Aldersgate Day or Wesley day. Upon hearing the Romans Epistle at a quarter to nine, John's heart was warmed and he placed his trust in Christ alone for his salvation; and an assurance was given him, that his sins had been forgiven and he had been saved from “the law of sin and death.”

“I felt my heart strangely warmed. I felt I did trust in Christ, Christ alone for salvation”.

John and brother Charles became devout Christians and spent many months travelling on horseback preaching to crowds of people eager to hear the word of God. His most famous quote is:

“Do all the good you can, in all the ways you can, to all the souls you can, in every place you can, at all the times you can, with all the zeal you can, as long as ever you can.”

John Wesley left a legacy of living selflessly by investing his wealth in the lives of others instead of spending his wealth on himself. He understood that it wasn't his money, but it belonged to the Lord. He made it his life's mission to proclaim the gospel wherever he was.

He was a man of passion, praise, and perseverance. He led a generous life to helping found schools and improve the lives of those less fortunate than himself. He was a great preacher and leader who practiced holiness and social justice.

Debbie Roberts

Beth ddywedodd Angel Skym wrtha i pan ofynnais i rai cwestiynau iddi?

What did Angel Skym tell me when I asked her some questions?

Ers faint wyt ti wedi byw yma yn Llanddarog?

Wedi byw yn Llanddarog erioed.

I ba ysgolion aethoch chi?

Disgybl yn Ysgol Gynradd Llanddarog ac yna Ysgol Ramadeg y Gwendraeth.

Oes gennych chi atgofion arbennig o athro arbennig yn un o'r ysgolion hyn?

Mwynheurio fy amser yn ddwy ysgol. Atgofion arbennig am Mrs Lilly Lloyd – fy athrawes gyntaf yn deg – yn llawn bywyd ac yn athrawes ysbrydoledig ac yn artistig a chrefftus iawn.

Yn yr Ysgol Ramadeg – Miss Joy Harries (Williams). Gweithiodd yn galed gyda ni yn Nosbarth 5 (Blwyddyn 11^{eg}) ar ôl i ni gael dau neu dri athro yn y Gymraeg. Llwyddodd pob un ohonom yn Level 'O'. Fe blannodd hedyn ynof i ddilyn cwrs Level 'A' yn y Gymraeg. Roedd ei gwersi yn ddifyn yn iaith a llenyddiaeth.

Beth wnaethoch chi ar gyfer bywoliaeth?

Bim yn athrawes am drideg saith o flynyddoedd.

Oes gennych chi unrhyw hobiau – os felly, beth ydyn nhw?

Fy mhrif hob yw clebran â phawb a phob un, teithio yn gysan ym Mhrydain a thramor, wrando ar bob math o gerddoniaeth, a bwyta a phrofi bwytai ar hyd a lled y wlad.

How long have you lived here in Llanddarog?

I've lived in Llanddarog all my life.

Which schools did you go to?

I was a pupil at Llanddarog Primary and Gwendraeth Grammar School.

Do you have any special memories of a particular teacher at one of these schools?

My very first teacher – Mrs Lilly Lloyd. She was full of life and very artistic and good at crafts. An inspirational teacher.

In the Grammar School – Miss Joy Harries (Williams). She worked hard with us to finish the course for 'O' Level Welsh after having 2 or 3 teachers in the subject. The whole class passed the 'O' Level. She planted a seed in me to follow the 'A' level course in Welsh. Her lessons were interesting in language and literature.

What did you do for a living?

I was a school teacher for thirty seven years.

Do you have any hobbies – if so what are they?

My main hobby is talking to everybody and everyone, travelling regularly in Britain and abroad, listening to music of every genre as well as eating and tasting around the Country.

Beth yw eich hoff adeg o'r flwyddyn a pham?

'Rwyn hoffi tymor yr haf – dyddiau hir, tywydd braf (gobeithio!). Mwynhau'r twba twym ac eistedd yn y tŷ haf. Cyfle i wario amser tu allan yn yr ardd a cherdded llwybrau lleol.

Pa un o'r llyfrau gorau i ti ei ddarllen erioed?

'Rwyn hoff darllen hunangofiannau yn fwy na nofelau. Yn ystod gwyliau 'rwyn darllen llawer mwy na gartref. 'Rwyn mwynhau darllen ar y traeth, wrth y pwll neu mor-deithio. Fy hoff lyfr erioed yw 'Not without my Daughter' - Betty Mahmoody with William Hoffer. Stori wir, dirdynnol am frwydr menyw yn gadw ei phlentyn a iddynt ennill rhyddid i'r ddwy. Y llyfr 'rwyn darllen ar hyn o bryd yw 'Lythyr Noel – Dal y Post'. Stori wir, personol am Noel Thomas bos-feistr a gafodd ei gyhuddo am ddwyn arian o'r Swyddfa Bost. Sôn am ei driniaeth fel Post Feistr gan y Swyddfa Bost a'r diffyg yn y system cyfrifriadol a chael ei garcharu'n honedig am dwyllo'r Swyddfa Bost. Hyn yn seiliedig ar y ddrama deledu 'Alan Bates v the Post Office' a ysgydwodd y wlad.

Pa un o'r gwyliau gwaethaf y gallwch gofio?

'Sdim un gwyliau gwael wedi bod er i ni gael ambell i ystafell ddim sytal – wedi achwyn yn y dderbynfa a'n ddatrys; ond heb amhari ar ein mwynhad.

What is your favourite time of year and why?

My favourite season is the summer. Long, sunny days and hot weather (hopefully!) to spend time outside in the garden and walking the local footpaths. Enjoying in the hot tub and sitting in the summer house.

Which is the best book you have ever read?

I enjoy reading autobiographies more than novels. During holidays I read constantly. I enjoy my books relaxing on the beach, by the pool or cruising the waves. The best book I've ever read is 'Not without my Daughter' – Betty Mahmoody with William Hoffer. A true story of one woman's struggle to keep her child and win freedom for them both. The book I'm currently reading is 'Lythyr Noel - Dal y Post' – a personal story of Noel Thomas' treatment as a post master by the Post Office and the flaw in the computer system that saw him jailed for allegedly deceiving the Post Office. You will have seen the television play 'Alan Bates v the Post Office (The Post Office Scandal)' that shook the nation.

Which was the worst holiday you can remember?

We haven't experienced any bad holidays although we've had some rooms not up to standard, but this didn't impair the holiday. We complained in reception and it was rectified immediately.

Dyma hanesyn bach am ein gwyliau. Bu bron i ni golli'r awyren unwaith, cawsom ein gwthio arni – John yn y ffrynt a fi yn y cefn, sefyllfa annifyr iawn. Prynais hwyddan ar yr awyren a gofynnais i'r stiwardes i fynd at John a oedd yn eistedd yn y blain i gael ei thalu. Yntau yn dweud, “Rwyn teithio ar ben fy hun”, ond fe dalodd yn y diwedd!

Pa un o'r gwyliau gorau y gallwch gofio?

Rydym wedi mwynhau pob gwyliau ni wedi bod arno. Beth bynnag mae gwyliau lan i chi a beth i chi'n gwneud ohonynt! Mae'n rhaid mae'r gwyliau gorau i ni oedd yn y Caribi – Barbados, St Lucia a.y.b. gwyliau hamddenol ac ymlacio'n llwyr. Y dywediad brodorol yw 'Don't worry be happy'. Y bobl yn wen o glust i glust. Digon in wneud a gweld yno a phrofi pethau gwahanol.

A allwch ddweud wrthyf un peth rydych chi wedi'i ddysgu trwy gydol eich bywyd y byddech chi wedi gwybod amdano yn gynharach?

Os ydych am rhywbeth ewch amdano, oherwydd mae bywyd yn rhy fyr ac mae 'fory yn rhy hwyr. 'Rydw i wedi cyrraedd oedran yr addewid. Ffigwr yw oedran. Beth chi'n gwneud o'ch bywyd sy'n bwysig felli, mwynhewch a gwnech tra bo'chi yn gallu!

I'll tell you a little anecdote regarding our holidays. We nearly missed the plane once. We were hurtled on board – John in the front and me at the back, a very embarrassing situation. Whilst buying goods on the flight I told the stewardess, “My husband whose sitting in the front will pay you”. John told her, “I'm travelling on my own”, but he paid eventually!

Which was the best holiday you can remember?

We have enjoyed all our holidays - anyway, holidays are up to you and what you make of them. Our best holidays were in the Caribbean – Barbados, St Lucia, etc. Complete relaxation and leisurely holidays. Their native saying is 'Don't worry be happy', the people are always smiling and happy. Plenty to do and see and to sample different things.

Can you tell me one thing you have learnt through your life that you wish you had known earlier?

If you want something, go for it, because life is too short and tomorrow is too late. I have reached the age of promise. Age is just a number. What you do in your life is important, therefore do what you want and enjoy while you can.

“IT CAN BE DONE” “Anonymous”

“Somebody said that it couldn't be done
But, he with a chuckle, replied
That maybe it couldn't but he would be one.
Who wouldn't say so till he tried.

So he buckled right in, with the trace of a grin
On his face, if he worried he hid it:
He started to sing as he tackled the thing
That couldn't be done, as he did it.

Somebody scoffed “Oh you'll never do that.
At least no one has never done it”,
But he took off his coat and took off his hat
And the first thing he knew he'd begun it.

There are thousands to tell you it cannot be done:
There are thousands to prophecy failure:
There are thousands to point out to you one by one
The dangers that wait to assail you.

But just buckle right in with a bit of a grin,
Throw off your coat and go to it:
Just start to sing as you tackle the thing
That cannot be done, and you'll do it”

The Llanddarog and District Women's Institute held their monthly March meeting in the Puxley Chapel due to the building of the new village hall.

We had a lovely speaker, Linda, who spoke to members about “mindfulness” and ‘positive thinkind”.

She shared with us the anonymous poem, “It Can Be Done” which proved inspirational to both her and her daughter.

Clwb Ffermwyr Ifanc Llanddarog

Os hoffech dderbyn fwy o wybodaeth am Glwb Ffermwyr Ifanc Llanddarog cysylltwch gyda'r ysgrifenyddes Carys Phillips ar:

E-bost: c.ff.i.llanddarog.y.f.c@gmail.com

Facebook: Cffl Llanddarog YFC

Llanddarog Show

Llanddarog Agricultural Show Committee is very busy preparing for this year's show, to be held on Saturday the 22nd of June. Please keep an eye on our website sioellanddarogshow.co.uk and Facebook page (Sioe Llanddarog Show - 22/06/24), for the full show schedule, which will be available very soon!

We are very much looking forward to welcoming entries across all of our agriculture, horticulture, dog show, vintage, and children's sections again this year, as well as welcoming visitors to enjoy all of the additional great displays and entertainment we have lined up during the day, and the good food and beverages that will be on offer. Dafydd Iwan, Baldande and Dros Dro will guarantee an unforgettable and enjoyable evening, for which tickets are now on sale.

For more information please contact general secretary Claire Williams on 07854 838524, or secretary@sioellanddarogshow.co.uk

Knit and Natter

We have changed the day of our meetings to the second and fourth Monday in the month. Meetings start at 2pm and are hosted by those who can do so. The hosts for the months of May, June and July will be:

13 May	Elizabeth Wills	24 June	Ann Davies
27 May	Margaret Morris	8 July	Margaret Rees
10 June	Marian Daniels	22 July	Pam Roper

Cysylltwch/Contact Margaret Rees on 275479 if you would like to join us.

Merched y Wawr

Mis Chwefror, cyfarfu'r aelodau yn Neuadd y Pentref, Llanddarog am y tro olaf cyn iddi gael ei dymchwel a'i hailgodi. Ein gwestai am y prynhawn oedd Edwyn Williams, o Rydaman a'i gefndir ym myd Addysg. Wedi ymddeol mae yn mynychu gwahanol fudiadau lleol i gynnal cwis a dyna a gaed yn Llanddarog.

Cafwyd prynhawn difyr yn crafu pennau am atebion i gwestiynau amrywiol ac Edwyn yn llywio'r cyfan yn hwyliog dros ben. Llongyfarchiadau i'r tîm buddugol sef Janet, Beryl ac Eirwen Llywydd y cyfarfod oedd Janet ac i nodi Mawrth Ynyd, cafwyd crempog gyda'r te a weinwyd gan Meganwy a Mair. Diolch i Kay am y raffl a enillwyd gan Gina Miles.

Dathlwyd Gŵyl Ddewi yng nghwmni Mr Gethin Thomas, Drefach, yn yr Abadam Arms, Porthyrhyd. Wedi gair o groeso gan Gwenda Evans, llywydd y mis, aed ati i wledda, cawl a phwddin. Cafwyd araith ddiddorol gan Gethin ar yr hyn a ddylanwadodd arno megis cartref, teulu, ysgol, Clwb Ffermwyr Ifanc, Eisteddfod Genedlaethol a'r Urdd. Cyfleoedd trwy fudiadau fyddai'n gosod gwreiddiau cadarn i ddatblygiad person cyflawn a chafwyd pwyslais ar Gymreictod a sicrhau lle teilwng i'r Gymraeg. Roedd pawb wedi mwynhau prynhawn hwyliog.

Mae Te Prynhawn, Rhanbarth Caerfyrddin, dydd Sadwrn Ebrill 13eg yn neuadd Bronwydd a bydd yr elw tuag at Gancr y Fron.

Prosiect y Llywydd Cenedlaethol, Geunor Roberts ydyw casglu eitemau Sgarff neu Gadwyn (Necklace) i'w gwerthu yn ein digwyddiadau Cenedlaethol. Elw tuag at Ambiwlans Awyr Cymru. Gallwch gysylltu â'r ysgrifennydd os oes gennych rhywbeth i'w gyfrannu.

Bydd ein cyfarfod nesaf ar Ebrill 17eg am 1.30y.p. yn Eglwys y Plwyf. Angharad James fydd yn gwneud Dawns ac Yoga mewn cadair.

Am fwy o fanylion cysylltwch gyda Eirwen Jones, Ysgrifennyddes ar 01267 275593

Neuadd y Pentre Llanddarog Village Hall

Whilst the new Village Hall is being built, the Festri at Capel Newydd and the Puxley Chapel in St Twrog Church are available for your meetings during the period whilst the hall is not available.

We apologise for any inconvenience caused and look forward to welcoming you back as soon as possible.

Contact Mair Davies 01267275271.

Porthyrhyd & Llanddarog Pensioners Society

We hope the difficult weather will now improve as we are now in British Summer time - we live in hope.

This year we are holidaying in Paignton, Devon so our May meeting has been delayed to the 13th when Phil will give us advice on Honey Cures and this wonderful product of the bees, our hardworking friends. Three weeks later on

the 4th June we will be having a coach trip. 9th July will see us back in Neuadd Fach for the AGM followed by a strawberry tea.

Please come and join us. New members always welcome. We meet on the first Tuesday of each month at 2pm in Neuadd Fach Porthyrhyd. We are always pleased to welcome new members. Contact Marion Little (01267 275507) or Angela Skym (01267 275503)

Porthyrhyd, Y Neuadd Fach

Cysylltwch/Contact Mair Evans 01267 275411 or e-mail mairevans@hotmail.com or 01267 275730.

Llanddarog and District Women's Institute

While the village hall is being re-built we will be meeting in the Church, for which we are most grateful.

The Institute is celebrating its 70th birthday this year and we will be holding a service of thanksgiving on September 4th in the Church with thanks to the Revd. Jean Voyle-Williams who will preside over the event in memory of her mother, the late Mrs Auriol Howells, who was the founding secretary of the Llanddarog Women's Institute.

Our programme, which is always subject to change, for the next three months is as follows, commencing at 7pm:-

1st May - 'What I bought for £1.00'

5th June - A walking Treasure Hunt and plans for the Llanddarog Show Stall.

3rd July - Revd. Mary Thorley, guest speaker.

We shall also continue to meet socially on the third Friday morning for coffee in Carmarthen and for bus/coach trips too. New members always welcome.

Enquiries to Marion Little 01267 275507.

Short Mat Bowls Club

Both teams had successful seasons in the Carmarthenshire League, the A team finished in 7th position in Division 1 and the B team came third out of 12 teams in Division 2.

As Llanddarog Hall is under refurbishment the Bowls Club has temporarily moved to Neuadd y Gwendraeth and practice games will continue through the summer. Practice games and league matches are played on Tuesday evenings and new members are welcomed. Please contact Lewis Jones on 01267 275593.

DYDDIADAU AR GYFER Y DYDDIADUR / DATES FOR YOUR DIARY

Mae'r wybodaeth yma yn gywir ar hyn o bryd. Fe gewch wybod os bydd unrhyw newid / These are correct at present. You will be informed if we have to make any changes

Mai/May

1 Dydd Mercher/Wednesday

9.15am Gwasanaeth Ysgol Llangyndeyrn

5 Dydd Sul/Sunday Pasg/Easter 6 Sul y Gweddiau/Prayer Sunday

9.30am Cymun Bendigaid (*Cymraeg*)

5.00pm Evensong (*English*)

7 Dydd Mawrth/uesday

9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru
Llanddarog

8 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Llangyndeyrn

9 Dydd Iau/Thursday Dydd Iau Dyrchafael/Ascension Thursday

10.00am Cymun Bendigaid/Holy Communion (*Dwyieithog/ Bilingual*)

6.00pm Undeb y Mamau/MU – Ymweliad i Eglwys arall/
Mystery trip to a neighbouring LMA Church

12 Dydd Sul/Sunday Pasg 7/Easter 7 Sunday after Ascension

9.30am Boreol Weddi (*Cymraeg*)

5.00pm Holy Communion (*English*)

14 Dydd Mawrth/Tuesday

9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru
Llanddarog

15 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Llangyndeyrn

19 Dydd Sul Sunday Pentecost

9.30am Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)

21 Dydd Mawrth/ Tuesday

9.00am Gwasanaeth yn Ysgol Gynradd yr Eglwys yng Nghymru
Llanddarog

22 Dydd Mercher/Wednesday

9.15am Gwasanaeth Ysgol Llangyndeyrn

26 Dydd Sul/Sunday Sul y Drindod/ Trinity Sunday

9.30am Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)

12.30am Priodas Rebecca a Tom

Mehedin/June

1 Dydd Sadwrn/Saturday

10.00am Gardd Agored/Open Garden at Ty'r Llain, Cwmisfael
to 2.00pm

2 Dydd Sul/Sunday Drindod/Trinity 1

9.30am Cymun Bendigaid (*Cymraeg*)

5.00pm Evensong (*English*)

4 Dydd Mawrth/Tuesday

9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru
Llanddarog

5 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Llangyndeyrn

8 Dydd Sadwrn/Saturday

Undeb y Mamau yr Esgobaeth yn y Gadeirlan/Diocesan MU event
at the Cathedral

9 Dydd Sul/Sunday Drindod/Trinity 2

9.30am Boreol Weddi (*Cymraeg*)

5.00pm Holy Communion(*English*)

11 Dydd Mawrth/Tuesday

9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru
Llanddarog

12 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Llangyndeyrn

13 Dydd Iau/Thursday

7.00pm Undeb y Mamau/MU Speaker: Professor Donna Mead OBE
Chair of Velindre Hospital Trust

16 Dydd Sul/Sunday Drindod/Trinity 3

9.30am Gwasanaeth y Teulu/Family Service (*Dwyieithog/Bilingual*)

18 Dydd Mawrth/Tuesday

9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys yng Nghymru
Llanddarog (*Dwyieithog/Bilingual*)

19 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Llangyndeyrn

22 Dydd Sadwrn/Saturday

Sioe Llanddarog Show

23 Dydd Sul/Sunday Drindod/Trinity 4

9.30am Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)

25 Dydd Mawrth/Tuesday

9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys yng Nghymru
Llanddarog

26 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Llangyndeyrn

27 Dydd Iau/Thursday

6.00pm Clwb Iau BBQ at Cysgod-y-llan

30 Dydd Sul/Sunday Drindod/Trinity 5

10.00am Gwasanaeth yn Eglwys Llangyndeyrn/
Service at Llangyndeyrn Church

(No service at Llanddarog Church)

Gorffennaf/July

2 Dydd Mawrth/Tuesday

9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys yng Nghymru
Llanddarog

3 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Llangyndeyrn

6 Dydd Sadwrn/Saturday

9.30am Extraordinary Diocesan Conference – Pruning for Growth/
Tocio i gynnal. (*Venue to be arranged*)

7 Dydd Sul/Sunday Drindod/Trinity 6

9.30am Cymun Bendigaid (*Cymraeg*)

5.00pm Evensong (*English*)

9 Dydd Mawrth/Tuesday

9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys yng Nghymru
Llanddarog

10 Dydd Mercher/Wednesday

9.15am Gwasanaeth Ysgol Llangyndeyrn

11 Dydd Iau/Thursday

7.00pm Undeb y Mamau/ MU.

Taith o gwmpas yr Eglwys a'r pentref i ganfod yr Hanes
lleol./A walk around the church and the village to learn the
local history.

14 Dydd Sul/Sunday Drindod/Trinity 7

9.30am Boreol Weddi (*Cymraeg*)

5.00pm Holy Communion (*English*)

16 Dydd Mawrth/Tuesday

9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys yng Nghymru
Llanddarog

17 Dydd Mercher/Wednesday

9.15am Gwasanaeth Ysgol Llangyndeyrn

21 Dydd Sul/Sunday Drindod/Trinity 8

9.30am Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)

28 Dydd Sul/Sunday Drindod/Trinity 9

9.30am Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)

“Have mercy oh gracious Father! upon all that are now suffering from
whatsoever cause, that are in any circumstance of danger or distress. Give
them patience under every affliction, strengthen, comfort and relieve them.”

~ Jane Austen

GWASANAETHAU'R SUL YN EGLWYS Y PLWYF
SUNDAY SERVICES IN THE PARISH CHURCH

Sul/Sunday 1	Cymun Bendigaid	9.30 am	Evensong	5 pm
Sul/Sunday 2	Boreol Weddi	9.30 am	Holy Communion	5 pm
Sul/Sunday 3	Cymun Bendigaid/Holy Communion (Dwyieithog/Bilingual)			9.30 am
Sul/Sunday 4	Cymun Bendigaid	9.30 am	Holy Communion	11 am
Sul/Sunday 5	Cymun dwyieithog gyda eglwysi Llanarthne a Llangyndeyrn/Bilingual Holy Communion with the Llanarthne and Llangyndeyrn Churches. Lluniaeth i ddilyn/Refreshments to follow			10 am

Swyddogion St Twrog Church Officials

Wardeniaid/Wardens	Mair Rees Huw Voyle-Williams	275396 275222
Trysorydd/Treasurer	Robert Jones	275756
Ysgrifennydd/Secretary	Vilna Thomas	275372
Ysgrifennydd Cofnodion/Minute Secretary	Margaret Rees	275479
Undeb Y Mamau/Mothers' Union Ysgrifennydd/Secretary Ysgrifennydd Cynorthwyol/Assistant Secretary Trysorydd/Treasurer	Mair Rees Elizabeth Wills Margaret Rees	275396 01269832569 275479
Clwb Iau	Helen Beynon Sian Plimmer Maria Jones	07772247135 07761083414 07528378374
Glanhauwraig/Cleaner	Pam Roper	07931913689
Swyddog Diogelwch Iechyd/ Health & Safety Officer	Huw Voyle Williams	275222
Swyddog Diogelwch Iechyd Cynorthwyol Assistant Health & Safety Officer	Peter Rees	275479
Swyddog Diogelu/Safeguarding Officer	Carol Owen	01269 845770
Cydlynnydd Y Wefan/Website Coordinator	Margaret Rees	275479