

Tafod Twrog

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SAINT TWROG'S CHURCH
LLANDDAROG

Ficer / Vicar

Canon Dewi Roberts

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Darllenydd Lleyg / Lay Reader

Mrs Jean Voyle Williams

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Annwyl Gyfeillion

'Rwy'n ffyddiog y deurn fel eglwys a chymuned drwy y pandemig yn gryfach ac yn fwy gofalgarn tuag at ein gilydd. Ond gwaetha'r modd, mae'r pandemig i lawer wedi golygu colled. Felly, gweddiwn dros y rhai a gollodd anwyliaid a'r rhai sy'n brwydro i wella ar ôl dal y firws. A thalwn deyrnged i'r nyrsys, meddygon a gweithwyr gofal sydd wedi parhau â'u gwaith yn ddewr gan wybod y gallen nhw gael eu heintio ac ildio i'r firws, fel y digwyddodd, yn anffodus i nifer sylweddol.

Dros y misoedd diwethaf, mae siopau Llanddarog a Porthyrhyd wedi bod yn cymryd archebion ffôn fel y gallai bwyd gael ei ddanfôn yn lleol. Ac rwy'n ymwybodol bod llawer yn yr eglwys a'r gymuned wedi sicrhau bod eu cymdogion, yn enwedig y rhai sy'n ei chael hi'n anodd i gyrraedd y siopau, yn derbyn bwyd a phethau angenrheidiol eraill. Felly, diolch o galon i bawb a welodd yr angen i helpu eich cymdogion.

Mae'r cyfnod 'ynysu' wedi rhoi llawer o amser a lle i bwysu a mesur ein bywydau ac i gloriannu yr hyn sy'n wirioneddol bwysig. 'Rwy'n gobeithio y byddwn yn myfyrio fwyfwy ar werth bywyd ac ar ddaioni Duw. Mae ein ymwybyddiaeth o ddaioni Duw wedi cael ei brofi yn ddirfawr yn yr amseroedd hyn. Ond mae'r sawl sy'n profi y treualon mwyaf yn aml yn derbyn gweledigaeth gliriach o ddaioni Duw yn y pendraw.

Boed i ni ddiolch am y bendithion bach a mawr yn ein bywyd: bendithion bywyd teuluol, hyd yn oed wrth i ni am gyfnod golli cysylltiad agos â'n teulu. Bendithion cyfeillgarwch. Bendithion caredigrwydd a ddangoswyd i'n gilydd. Bendithion y greadigaeth. Gadewch inni ddiolch am harddwch cefn gwlad a phrydferthwch blodau'r maes. Yr haf hwn gwelais nifer fawr o 'fysedd y cŵn'. Yn ystod y cyfnod 'ynysu' buais fwy ymwybodol nag erioed o harddwch natur.

Mae St Twrog ers mis Gorffennaf wedi agor ei drysau. Yn gyntaf, ar gyfer weddi breifat ac yna addoliad cyhoeddus. A chawsom hyd yn oed dau Sul o wasanaethau awyr agored, a werthfawrogwyd yn fawr gan gynulleidfa St Twrog. Yn bersonol, yn ystod y cyfnod 'ynysu', collais yn ddirfawr yr ymgynnull ynghyd i addoli ar fore Sul a theimlais y golled hon fwyaf ar Sul y Pasg. Pwy fyddai wedi dychmygu ar ddechrau'r flwyddyn hon na fyddai'r eglwys fel cynulleidfa wedi medru dathlu'r Pasg?

Ond trwy bopeth, boed i ni gyfrif ein bendithion a chanmol Duw am ei ddaioni.

*“Pan wyt ar fôr bywyd ac o don i don,
pan fo ofni suddo yn tristáu dy fron,
cyfrif y bendithion, bob yn un ac un,
synnu wnei at gymaint a wnaeth Duw i ddyn.”*

Pob bendith yng Nghrist.

Canon Dewi Roberts

The Vicarage

Dear Friends

I am hopeful that as a church and community we will come through this pandemic stronger and even more caring of one another. But sadly, for many, the pandemic has brought loss. So, we pray for those who have lost loved ones and those still recovering after contracting the virus. And we pay tribute to the nurses, doctors and care workers who have bravely continued their work knowing that they could become infected and succumb to the virus, as has happened unfortunately to a significant number.

Over several months, both Llanddarog and Porthyrhyd Village shops have been taking phone orders so that food could be delivered locally. And I am aware that many in the church and community have been ensuring that their neighbours, especially those who have difficulty getting to the shops, receive food deliveries and other essential items. So, a heartfelt thanks to all who saw the need to help your neighbours.

The lockdown has given many of us the time and space to take stock of our lives and re-evaluate what is truly important. I hope we will learn increasingly to reflect on the preciousness of life and the goodness of God. Our sense of God's goodness has been tested during these times. But those who have been tested most severely often have a clearer vision of God's goodness in the end.

May we give thanks for the big and small blessings in our life: the blessings of family life, even as many have missed close family contact. The blessings of friendships. The blessings of kindness shown to one another. The blessings of creation. Let us give thanks for the beauty of the countryside and the beauty of the flowers of the field. This summer, I noticed many foxgloves. During 'lockdown' I have been more aware than ever of the beauty of nature.

Since July, St Twrog has opened its doors. First, for private prayer and then for public acts of worship. And we even had a few open-air Services, which were much appreciated by the St Twrog congregation. Personally, during the lockdown, I acutely missed the gathering together for worship on a Sunday morning and felt this loss most of all on Easter Sunday. Who would have imagined at the beginning of the year that the church would not corporately be celebrating Easter?

But throughout everything, may we count our blessings and praise God for his goodness.

“When upon life's billows you are tempest tossed,
When you are discouraged, thinking all is lost,
Count your many blessings, name them one by one,
And it will surprise you what the Lord hath done.”

Every Blessing in Christ.

Canon Dewi Roberts

Editorial

Covid-19 has certainly changed our lives over the past few months. There has been a pause in Tafod Twrog publishing for May, June, July and August. I am heartened to read of all the good work and kind gestures which happen in our community – much of it ‘under the radar’.

Just the other day, I read of a local person who was making an extra Sunday lunch and offering to deliver it to someone in need of a hot meal. Such a small and yet significant gesture - how incredibly lucky we are to be living in such a caring community.

For myself – like many others – life has changed. My living room is now also my work-place and I’m reminded each day how incredibly fortunate we are to be living in such a beautiful parish, with grazing sheep and cows now my ‘office view’. It reminded me of one of my favourite poems included in this edition by the Welsh-born Mr W H Davies.

Cadwch yn ddiogel a iach / keep safe and well.

Kindest Regards

Suzanne Cromack
tafodtwrog@outlook.com

Hapusrwydd a Thristwch

Joys and Sorrows

Bedydd / Baptism

Yn y chwarter diwethaf ni fuodd yna fedydd / No baptisms were held in the church in the last quarter.

Priodas / Marriage

Yn y chwarter diwethaf ni fuodd yna briodas / No marriages were held in the church in the last quarter.

Profedigaeth / Sympathy

Gyda thristwch nodwn farwolaeth John Howells, 18 Cae Person, Llanddarog a fu farw yn Ysbyty Treforus ar Ebrill 26^{ain}. Roedd yn aelod yn Eglwys Sant Twrog a bu yn gynghorydd ar y Cyngor y Gymuned am flynyddoedd. Buodd yr angladd breifat yn Amlogfa Parc Gwyn ac yna claddwyd ei lwch ym medd y teulu yn Eglwys Sant Twrog. Cydymdeimlwn gyda Rhiannon a'r teulu i gyd yn eu colled a'u hiraeth. Hedd Perffaith Hedd.

We sympathise with the families of Karen Jones Cefneithin and John Barlow whose remains have been interred in the graveyard. May they rest in peace and rise in glory.

Cofiw'n yn gariadus am bawb a fu farw yn ddiweddar; ac am bawb y mae tymor eu coffhad yn syrthio yr adeg hon o'r flwyddyn. Bydded i'r ffyddloniaid ymadawedig orffwys mewn hedd a chyfodi mewn gogoniant. / We remember with love all those who have died recently and those whose anniversaries fall at this time of the year. May the faithful departed rest in peace and rise in glory.

Cleifion / The Sick

Gweddiwch dros bawb sy'n glaf mewn ysbryd corff, neu feddwl, gartref neu mewn ysbyty / Please pray for the sick in body, mind or spirit gan gynnwys / including: Wilma Beynon, Alun Evans, Elsie Evans, Gill Lewis, Doreen Northwood, Rose Rees, Iori Thomas, Freda Davies and Evie. Please inform the wardens if someone falls ill or is in hospital.

Llongyfarchiadau / Congratulations

Congratulations to all those celebrating special birthdays and anniversaries in the coming quarter.



TheGivingMachine is a great fundraising website that lets you raise donations for our Church whenever you shop online. It's easy to use and doesn't cost you a penny!

TheGivingMachine is a fundraising charity set up to help other charitable causes raise money online. By signing up and shopping online via TheGivingMachine you will generate a free cash donation for St. Twrog's Church. With over 2,200 of your favourite retailers, including Argos, Ebay, M&S, NEXT, B&Q, Tesco, John Lewis & Partners and Currys, as well as holiday and travel companies, you are bound to find what you need and generate a donation.

To start raising free donations go to:

<https://www.thegivingmachine.co.uk/causes/parish-of-llanddarog> and join – it's that easy. You can also download the free desktop reminder app to help you remember to always shop online via TheGivingMachine: <https://www.thegivingmachine.co.uk/shop-and-give/>

If you buy anything through Amazon you can still give through TheGivingMachine once you have selected the Church as your chosen charity, but you will have to log onto www.smile.amazon.co.uk and select TheGivingMachine as your chosen charity.

Thanks to those of you who already use TheGivingMachine to raise free donations for our Church and I hope that many more of you will consider doing so.

Many thanks

Rob Jones (Treasurer)

PS. If anyone would like help in joining or using the website please give me a call and I'll be happy to help (01267 275756).

PPS. During the past 12 months we have received over £50 in free donations. Just think how much extra we could raise if more of our congregation would use:



Cyfnod Clo / Lock Down

Tipyn o sioc clywed ar Fawrth 23ain y byddai Prydain Fawr o dan glo y diwrnod canlynol, a hyn i barhau am 3 wythnos. Wrth edrych ar fy nyddiadur prysur a rhoi llinell trwy y pethau a oedd i hawlio fy sylw, roedd yn brofiad rhyfedd i beidio a gorfod mynd i unman. Roeddwn i yn naïf i feddwl mai ond tair wythnos y byddai hyn i barhau, ond pedwar mis yn ddiweddarach mae'r firws gyda ni o hyd, a dim sôn am fynd nol i'r hen fywyd normal.

I'm sure the past four months has changed our way of life and indeed made us appreciate the little things in life. Things that we have taken for granted over the years. For me personally, not being allowed to go into Church was a great disappointment. I know that people would argue that you don't need to go into a religious building to pray, as prayer can be anywhere and that, I quite agree, is as it should be. Over the years, most of my praying has happened in the car when I have been travelling from place to place. However, the Church of St Twrog is my spiritual home, and when you are anxious, worried and going through a family bereavement where do you want to be but in your spiritual home, amongst fellow worshippers who have become your friends.

I am grateful to everyone who has been using modern technology to stream services and indeed on a Sunday, I would tune in to about four of these. My IT skills have improved immensely over the months and I have taken part in Zoom Meetings and quizzes. However, I must confess it was such a relief that on Sunday July 5th after completing a very rigorous Risk Assessment we were allowed to open for Private Prayer, and then on Sunday, July 19th we were able to have an outside service which was very well attended. Everyone was so happy to see one another and enthusiastic about returning to church.

On Sunday August 2nd, we were allowed to have a service inside the Church and the enthusiasm of those present was absolutely wonderful. It brought tears to my eyes as I thought of St Twrog church which throughout its history, I don't think, had ever been vacant for 4 months. I do hope and pray that this Pandemic will make others search for God and his Kingdom.

Rydym ni mor ffodus ein bod yn byw mewn ardal gyfeillgar fel hon lle mae y mwyafrif yn edrych ar ôl ei gilydd, a chymdeithas glos yn bodoli. Mae sawl cymuned yng Nghymru yn dweud bod yr amser hwn wedi rhoi y cyfle iddynt ddod i adnabod eu cymdogion yn well. Rydym yn ffodus fod y siopau lleol yn Llanddarog, Porthyrhyd a Drefach wedi gwasanaethu eu cymunedau mor ffyddlon. Dyma beth oedd mynd yr ail filltir, gobeithio yn wir na fyddwn yn eu anghofio wrth i bethau ddychwelyd i'r normal newydd.

Life is going to be different and - hopefully as a result of all of this - our country will be a better and a more caring place to live in. We have to live with Covid-19 and let's not forget: Noah didn't swim in the flood to prove his faith, he and his family stayed in the ark until it was safe. However, when the time was right, he had strong courage and was committed to his God. I hope we will have the same level of faith in our God as Noah had, and let's make the Church of God one of the first places we want to visit.

Cadwch yn ddiogel / Stay safe

Jean Voyle Williams

So, what's been happening for St Twrog Church members in Lockdown?

Gwneud ein rhan dros y Gwasanaeth Iechyd Cenedlaethol / Doing our bit for the NHS!

Dros gyfnod ô dair blynedd, mae aelodau Eglwys Llanddarog wedi gwneud eu rhan dros y Gwasanaeth Iechyd. Gwnaeth y grŵp Gwau a Chlonc hetiau â gwasgodau bach i fabanod cynamserol. Yn ddiweddar, ar ol darllen am apêl nyrs o swydd Caergrawnt, gweu llewysau i fabanod bach orchuddio y canwla.

Yn y dyddiau anodd yma, mae'r aelodau wedi tynnu at ei gilydd i helpu eto. Mae un o'r aelodau yn gwneud "scrubs" i feddygfa lleol, eraill yn gwneud bagiau "scrubs", rhywun arall masgiau. Rhaid i'r "scrubs" gael ei gwneud mewn cotwm neu cotwm poly, i fod yn addas i allu cael eu gwisgo yn ddyddiol. Tipyn o waith felly yn mynd ymlaen a'r cyfan yn gwneud gwahaniaeth i'r rhai a fydd yn eu derbyn. Cofiw'n eiriau ein

Nawdd Sant Dewi “Byddwch lawen, cedwch eich ffydd a gwnewch y pethau bychain a welsoch ac a glywsoch gennyf fi.”

For three years now, St Twrog Church members have done their bit for the NHS, starting with the Knit and Natter group making hats and cardigans for premature babies. Later, following a plea from a nurse in Cambridgeshire, we were knitting simple sleeves to cover cannulas to prevent premature and very small babies from pulling them out from their arms / legs.

In these unprecedented times, members have pulled together to help again. One of our members made scrubs (the pyjama like uniforms you see staff wearing in hospitals) for a local GP practice which had been unable to source them and others have made scrubs bags for the NHS. The scrubs must be made of either cotton or poly-cotton and must stand up to being worn daily, washed at 60°C and ironed. The same goes for the scrubs bags (used to carry the scrubs home for washing etc) as they are also washed at 60°C with the scrubs.

Helping our neighbours

Whilst life is getting back towards normality, with the prospect of being able to worship inside church, we will still keep in touch with friends and neighbours to ensure no-one is forgotten who may need help or just to chat. It's the personal contact that most of us have missed, but being able to pick up the phone has made a big difference. For others, we have been learning to use new technology! I had never heard of Zoom before lockdown – well, other than using the word zoom to express getting around very fast!!

Continuing to make greetings cards during the lockdown

For the past five or more years, we have been making greetings cards and leaving them in church for members and visitors to buy, with the profit being evenly divided between St Twrog Church and MIND Carmarthen. This hasn't stopped during the lockdown, with many people asking for cards for special events, particularly as they are unable to go out and buy any. Not only will this help the two recipient bodies in these difficult times, it is seen as a great way of helping each other. Just contact Elizabeth Wills or me if you need a greeting card.

Margaret Rees

DH Davies

Trist yw cofnodi marwolaeth DH Davies er ei fod yn 90 mlwydd oed. Roedd yn ŵr bonheddig ac yn ffrind i bawb. Roedd yn berson y bobl ac mor barod ei gymwynas i bawb. Ni wnaif i byth anghofio y noson o ni yn pregethu yng Nghapel Newydd ac yn sôn am dynged Su Mar Lwin, a oedd yn ddisgybl gyda ni yn Ysgol y Frenhines Elizabeth Cambria. Roedd wedi dod o Burma draw i Gymru gyda ffrind i'w thad, a oedd yn feddyg yn Ysbyty Treforus, ac yn byw yn Nhre Ioan. Roedd Su yn 14eg mlwydd oed a'i bryd ar fod yn feddyg, ond os y byddai wedi aros yn Burma, ni fyddai yna unrhyw obaith iddi gyflawni ei dymuniad.

Roedd yn ddisgybl disglair iawn, ac fe gafodd ganlyniadau gwych yn Arholiadau TGAU a Lefel A. Roedd am fynd i astudio meddyginiaeth i Goleg Kings Llundain, ond roedd y Swyddfa Gartref am ei danfon yn ôl i Burma, a'i hamddifadu o astudio yma ym Mhrydain. Pe byddai wedi gorfod dychwelyd i Burma, fe fyddai yno filwyr arfog yn ei disgwyl ac fe fyddai yn cael ei charcharu mewn carchar dynion, i'w chosbi am adael y wlad yn anghyfreithlon. Does dim rhaid i fi esbonio beth felly fyddai wedi digwydd iddi. Roeddwn ni yn Ysgol Cambria wedi ceisio gwneud popeth a alle ni i'w chadw yma ac yn barod i'w nodd trwy ei chwrs, ond roedd pob drws yn cau yn ein hwynebaw. Ar ddiwedd yr oedfa daeth DH i siarad a fi a dweud ei fod yn ffrindiau a'r Arglwydd Williams o Mostyn ag y byddai yn barod i siarad ag ef am dynged Su Mar.

Daeth i lawr i'r ysgol bore drannoeth a chwrrd a Su a'r Prifathro. Dyna oedd ond dechrau yr hanes, fe fu DH yn ymweld a'r Swyddfa Gartref yn Llundain ar ei rhan a gwneud pob peth posibl drosti. Ie trwy ymyrraeth DH, fe gafodd Su Mar aros ym Mhrydain i astudio, ac fe wnaeth rhyw 10 ohonom ei chynnal yn yr Ysgol Feddygol am chwe mlynedd a DH yn un o'r rheini. Cofiw'n eiriau Dewi Sant "Gwnewch y pethau bychain".

Mae Su Mar erbyn hyn yn feddyg ac ar orffen ei chwrs PhD fel Arbenigwraig yn y maes Dermatoleg. Mae wedi cadw mewn cysylltiad agos a DH ar hyd y blynyddoedd ac yn ôl ei geiriau pan glywodd am ei farwolaeth, "I will always be eternally grateful to Mr Davies. I don't know where I would be today without him and others who saved me from deportation." Diolch DH am beth a wnaetho chi i gymaint o fobol.

"Yn gymaint ag ichwi ei wneud i un o'r lleiaf o'r rhain, fy mrodyr i mi y gwnaethoch." (Mathew 25:40)

Jean Voyle Williams

Parchedig Nicholas Bee

Rydym fel Eglwys am ddiolch i'r Parchedig Nicholas Bee am ei gyfeillgarwch dros y ddwy flynedd diwethaf. Mae wedi bod yn fugail ffyddlon i'w braidd, gan ymweld hefyd ag eraill â oedd yn perthyn i ddiadell arall. Roedd pawb more falch a diolchgar o'u alwadau cyson.

Reverend Nicholas Bee has been a close friend of St Twrog Church over the past two years and has supported us in numerous events. We wish him well as he returns to Llanddewi Brefi - he will be inducted as a Deacon by Bishop Joanna next January. I'm sure many of us will want to be there to support him.

Fe fydd yn gyffaeliad i'r Eglwys yng Nghymru ac yn enwedig i Esgobaeth Tŷ Ddewi. Yn ôl geiriau y diweddar Tra Barchedig George Noakes, Archesgob Cymru, "Beth sydd angen ar yr Eglwys heddiw yw Bugail Da, oherwydd y bugail sy'n dod a'r defaid yn ôl i'r gorlan." Mae y geiriau yna mor addas i ni heddiw.

As a Church we wish Reverend Nicholas Bee well in his new venture.

New Acronyms to Get Your Head Around

I remember sitting in a quite high-level meeting when someone used an acronym (an abbreviation formed from the initial letters of other words and pronounced as a word) I had never heard of. I immediately asked for the meaning of the acronym as I have never been shy to own up to not knowing something! After the meeting, my boss told me he was glad I had asked as he hadn't known it before either. On asking him what he usually did when this happened, he said that he tried to look as if he knew what people were talking about and hope that he got the gist of it as the meeting progressed! Anyway, I thought some of you would prefer not to be in such a position in the future when you hear people in the church talking about the Bro Cydweli LMA, LMAC, Deanery Conference, Church Committee, LMA Standing Committee, and the Finance Sub-Committee.

Okay, I know these are not all acronyms as such but they are terms you may hear when you are in church or talking to other church members and hopefully I can help you see that, although there are some changes in the meetings and positions held, for the majority of members the church will

still be there and now that we have permission to open for services (without music), this will be the only change they will notice.

So, moving on to explaining all these words / acronyms:

Bro Cydweli LMA – Bro Cydweli Local Ministry Area:

The Local Ministry Area consists of 10 Churches –

St Twrog Llanddarog	St David's Llanarthne
St Cyndeyrn Llangendeyrn	St Anne's Cwmffrwd
St Mary's Kidwelly	St Maelog Llandyfaelog
St Teilo Mynydd-y-Garreg	St Thomas Ferryside
St Ishmael Ferryside	All Saints Llansaint

You will be aware that we have had a close relationship with Llanarthne Church for many years, the incumbent being vicar of both churches. With the joining of the ten churches in October last year, Canon Dewi Roberts became Priest in Charge to Llanddarog, Llanarthne and Llangyndeyrn Churches. At the same time, Canon Trevor Copeland, Priest in Charge of Kidwelly, became Local Ministry Area (LMA) Dean.

Let's move on then to *the LMAC*: The Local Ministry Area Council consists of the Parochial Church Council (PCC) and the Deanery Conference. Rather than get caught up in who is on the PCC and in the Deanery Conference, it might be better to explain that the LMA Council consists of all stipendiary and non-stipendiary (paid and unpaid) ministers and lay readers; the LMA Dean's Warden and the People's LMA Warden plus the Sub-wardens of each church (Yes, Huw and Mair are now officially called Sub-Wardens but fulfill the same role in our own church as they did previously). Also, one representative has been nominated from each church to sit on the LMA – in our case Mair Rees is our representative (although the representative doesn't have to be a Sub-Warden).

Then of course, we will have LMA PCC meetings (you notice how the acronyms are growing!!) and the Chair of that PCC must be a lay member. We also have a Secretary, a Treasurer and a Safeguarding Officer. Mr Edwin Atkinson is Chair of the LMA PCC and I am acting as its Secretary. We are still look for a volunteer to undertake the Treasurer's role perhaps because the role means sitting on the Finance Committee and not much more than putting the accounts from each

church forward to the Diocese, so please if you feel you can do this please let Canon Dewi know. Mrs Davina Copeland has offered to act as Safeguarding Officer, but this (as well as my own position) needs to be ratified at a full meeting of the LMA PCC.

Mr Nefyn Davies (Sub-Warden of St Teilo Mynydd-y-Garreg) has been chosen as the Dean's Warden and Mr William Savage (Sub-Warden of St Cyndeyrn Llangyndeyrn) has been chosen as People's LMA Warden. The Sub-Wardens of each church are also members of the LMA.

The Church Committee: This is the name now for what we used to call the St Twrog PCC – it was believed that it would be too confusing to have two PCC's. Each time we have a meeting, the main points from that meeting will be sent to the LMA PCC to keep them informed of decisions we are making.

The LMA Standing Committee: This is a group of individuals within the PCC who can expedite decision-making between PCC meetings and includes the Chair, Dean, Ministers, Dean's Warden, People's Warden, Secretary, Treasurer and if a church is not already included in this list a lay member from said church is included if the agenda warrants this. In fact, we have used the Standing Committee recently regarding the risk assessments that have been done to open the churches for private prayer etc.

The Finance Sub-Committee: This speaks for itself really and will consist of the Chair, Dean, the two LMA Wardens, Council Secretary and Treasurer plus the Treasurers of each of the churches.

Well, that seemed like a marathon. You won't be tested on the detail of this article when I see you next, so don't worry. Just keep it to hand for when you hear a new acronym or buzz word!! And remember, for the majority of us, things will not appear to change and we will continue to be able to worship in our beautiful church – provided we follow Covid-19 guidance.

Margaret Rees

Cyfarfod Pwyllgor yr Eglwys / Church Committee Meeting

Bore Sul, Ionawr 26^{ain} / Sunday morning, 26th January

Canon Dewi Roberts welcomed everyone to the meeting which had been called at very short notice.

1. N.S.M.L.

The Vicar explained that the purpose of the meeting was to endorse the application of Mrs Jean Voyle Williams as a Non-Stipendiary Minister Local. In his tribute to Mrs Williams he spoke of her 38 years as a lay-reader. Her dedication to the church and to the community was tremendous and she was an inspiration to others. The Church Committee were unanimous in their decision to endorse this application.

2. LMA Council

The Bro Cydweli LMA Council had been formed to include one member from every Church. Mair Rees was chosen to represent St. Twrog.

The meeting ended with the Grace.

Nos Wener, Chwefror 21^{ain} / Friday evening, 21st February

The meeting opened with prayers led by Canon Dewi Roberts.

Matters Discussed.

1. Trees in the Churchyard - Planning Permission had been received from Carmarthenshire County Council. It was proposed to apply for a faculty.
2. Old Graves and Wall - A quote received from D.W. Bushin was accepted and to proceed with Faculty.
3. The Tower - No major developments. Our solicitor was proceeding with matters regarding insurance etc.
4. Finance.
 - a) Letter of thanks was received from the Red Cross for our donation of £245 towards the Australian Bush Fire Appeal.
 - b) Investment of money received from sale of field.
 - c) Gift Aid Claim.
5. Foundation Governor - After serving for 20 years as Foundation Governor, Vilna Thomas had decided to retire. She was thanked for her work and dedication during a long period. The Committee was

pleased that Wendy Jones accepted their request to serve on the Governing Body.

6. LMA Council - The following officers were now in place: Chair: Edwin Atkinson (Llandyfaelog); Dean's Warden: Nefyn Davies (Mynyddygarreg); People's Warden: Bill Savage (Llangyndeirne). Since this meeting Margaret Rees (Llanddarog) has been nominated as secretary.

N.S.M.L

Jean Voyle Williams has completed her course successfully and has been accepted to become a N.S.M.L. She will be ordained as a Deacon in June and then in 2021 enter in to the Priesthood. The Vicar congratulated her on her achievement. To carry out her duties she would require four "stoles". As a small token of thanks for all her service to St. Twrog, it was appropriate that the Church show their gratitude by presenting her with the "Stoles".

Terfynwyd y cyfarfod gyda'r Gras.
The meeting ended with the Grace.

Vilna Thomas (Ysgrifennydd)

Llongyfarchiadau i Jean Voyle Williams

Hyfrydwch pur i bawb yn Sant Twrog oedd y newyddion bod Mrs. Jean Voyle Williams wedi llwyddo yn ei chais i fod yn Weinidog Di-gyflog Lleol. Byddai yn cael ei gwneud yn Ddiacon ym mis Mehefin ac yna ei hordenio fel offeiriad ym mis Ionawr. Ond oherwydd yr amgylchiadau amlwg nid oedd yn bosib. Gobeithiwn y bydd hyn yn awr yn digwydd ym mis Medi.

Mae'r Eglwys yn bwysig iawn ym mywyd Jean ers pan yn groten fach pan symudodd o Gefneithin i Borthyrhyd ac yna i Llanddarog. Bu yn ffyddlon i'r Ysgol Sul tros y blynyddoedd a nawr mae'n dal i gefnogi'r Clwb Iau.

Bu hefyd yn aelod o'r Cor a'r GFS a gwelwyd ei thalent fel adroddwraig ac actores yng nghyngerddau blynyddol yr Ysgol Sul ar Nos Gwyl San Steffan a Pharti 'r Llan ac mae Meri Jen yn enwog dros y sir.

Ymunodd ag Undeb y Mamau pan yn ifanc iawn ac ar hyn o bryd hi yw Arweinydd y Gangen.

Tua 38 o flynyddoedd yn ol dan ddylanwad y Parch Harold Rees, cafodd ei gwneud yn ddarlleneydd lleyg a dros y blynyddoedd, mae ei gwasanaeth i Sant Twrog ac eglwysi a chapeli eraill y cwm yn amhrisiadwy.

Oherwydd ei chonsern a'i dawn mae galw mawr amdani i wasanaethu mewn angladdau. Ar adegau pan oeddem heb Ficer, oherwydd ymroddiad Jean roedd y gynueilleidfa yn dal yn gryf a'r Eglwys yn ffynnu.

Fe gafodd ei hanrhydeddu gan y frenhines trwy dderbyn yr M.B.E. am ei gwasanaeth elusennol yn cynnwys Mind Caerfyrddin a chofiwn am y gwyliau a drefnodd i blant Belarus a oedd wedi eu heffeithio gan drychineb Chernobyl.

Derbyniodd Gwobr y Gymuned am ei theyrngarwch a'i gwasanaeth i Gymuned Llanddarog.

Athrawes oedd Jean yn ol ei galwedigaeth ac yn fawr ei pharch yn ysgolion Gilfach Goch, Ystrad Tywi a Chambria. Gorffennodd ei gyrfa fel darlithydd yng Ngholeg y Drindod, y person delfrydol i fentora athrawon y dyfodol.

Rhaid peidio anghofio ynghanol hyn oll ei bod yn gymar ffyddlon a chefnogol i Huw, ac wedi bod yn ofalus iawn o'i rhieni yn enwedig ei mam ar hyn o bryd.

Does dim yn ormod i Jean, yn ffrind da a ffyddlon, yn gymydog cymwynasgar, yn glust i wrando, yn ymweld a'r cleifion ac o hyd yn fodlon teithio y filltir olaf.

Rydyn ni i gyd yn Sant Twrog yn falch iawn o Jean ac yn ddiolchgar i'r Canon Dewi Roberts am ei hannog a'i chefnogi i fynd am y swydd. Pan yn teithio o amgylch y ddeoniaeth mae pawb yn dweud yr un peth:

"I chi'n lwcus iawn yn Llanddarog mae Jean gyda chi".

"Amen", medde ni i gyd.

Vilna Thomas

The Great Realisation, by Tom Roberts

"Tell me the one about the virus again, then I'll go to bed.

'But my boy, you're growing weary, sleepy thoughts about your head.

'Please! That one's my favourite. I promise just once more.

'Okay, snuggle down my boy, though I know you know full well. The story starts before then, in a world I once dwelled

'It was a world of waste and wonder, of poverty and plenty. Back before we understood why hindsight's 2020

'You see the people came up with companies to trade across all lands. But they swelled and got bigger than we could ever have planned

'We'd always had our wants, but now it got so quick. You could have everything you dreamed of in a day and with a click.

'We noticed families had stopped talking. That's not to say they never spoke. But the meaning must have melted and the work life balance broke.

'And the children's eyes got squarer and every toddler had a phone. They filtered out the imperfections but amidst the noise, they felt alone.

'And every day the sky grew thicker, til we couldn't see the stars. So we flew in planes to find them while down below we filled our cars.

'We'd drive around all day in circles. We'd forgotten how to run. We swapped the grass for tarmac, shrunk the parks till there were none.

'We filled the sea with plastic cause our waste was never capped. Until each day when you went fishing, you'd pull them out already wrapped.

'And while we drank and smoked and gambled, our leaders taught us why, It's best to not upset the lobbies, more convenient to die.

'But then in 2020, a new virus came our way. The government reacted and told us all to hide away.

'But while we were all hidden, amidst the fear and all the while, The people dusted off their instincts, they remembered how to smile.

'They started clapping to say thank you, and calling up their mums.

'And while the ca'rs keys were gathering dust, they would look forward to their runs.

'And with the sky less full of planes, the earth began to breathe. And the beaches brought new wildlife that scattered off into the seas.

'Some people started dancing, some were singing, some were baking. We'd grown so used to bad news but some good news was in the making.

'And so when we found the cure and were allowed to go outside, We all preferred the world we found to the one we'd left behind.

'Old habits became extinct, and they made way for the new. And every simple act of kindness was now given its due.

'But why did it take a virus to bring the people back together?' 'Well, sometimes, you got to get sick, my boy, before you start feeling better.

'Now lie down, and dream of tomorrow, and all the things that we can do. And who knows, maybe if you dream strong enough, make some of them will come true.

'We now call it the Great Realisation, and yes, since then there have been many.

'But that's the story of how it started, and why hindsight's 2020.'

Diolch yn Fawr / Thank you

In March, when my great granddaughter had a tragic accident, the Children's Wales Air Ambulance came to help and Evie was taken to Cardiff Hospital. She was in a coma for two weeks and we were so concerned about her chances of survival but with the care she received during her two months in hospital and since, she has made a significant recovery. How could we show our gratitude? We started in the village with a little bring and buy stall (everything cleaned and sanitized!) and my daughter selling her hen's eggs. Even Evie was determined to do something and did a sponsored bike ride with her mummy and daddy. We raised £250.00 for the Accident and Emergency Unit at Glangwili

hospital and £2,711 for the Air Ambulance. The family would like to say big thank you to all who helped and St Twrog Church for all your prayers.

I received from Mothers Union a beautiful card which was a virtual HUG. It was lovely to receive. Thank you it made me smile.

Jenny Youens

We wish to thank Mrs Kate Jones who has prepared these for us. We have distributed a number of them to the sick and the elderly. The individuals who received them were so grateful and said it cheered them up. Diolch yn fawr Kate.



Dymuna John ac Eluned ddiolch o galon i bawb a fu mor garedig a danfon cardiau, anrhegion a negeseuon i'w llongyfarch wrth ddathlu eu Priodas Aur.

John and Eluned wish to thank all family and friends who sent cards, gifts and messages on the occasion of their Golden Anniversary.

“Constant kindness can accomplish much. As the sun makes ice melt, kindness causes misunderstanding, mistrust, and hostility to evaporate.”
– Albert Schweitzer

Undeb y Mamau ~ Mothers' Union

We started the year well, with a very enjoyable Parish Lunch at the Falcon Hotel on the 16th February, followed on the 25th by the Wave of Prayer in Church. In March, we had the Cawl and enjoyed a sing song of Welsh songs, (marking St. David's Day), led by John James. It seems a long time ago now, with so much happening, or not happening since then.

Margaret Llewellyn worked so hard to organise the Deanery MU Quiet Afternoon in Abergwili, for the 30th March, which of course had to be cancelled (or shall we say postponed), as hopefully we can meet together in March 2021. The Deanery Lunch in The Falcon to celebrate Mary Sumner Day on 9th August has also been cancelled, as of course has our programme and so much else. Mary Sumner House has been putting the Midday Prayers live on Facebook and we have the Families Worldwide Prayer Diary. Prayer is so important at this time.

Lorna Cecil has been working hard producing regular issues of Teulu Non online and in Llanddarog we made sure our members who are unable to access it electronically received a printed copy. It was she who organised a Zoom MU Council meeting at 2pm on 29th July. I had heard of Zoom, but am not very technically minded, so was not sure what I was letting myself in for when I said I was interested. However, I downloaded it without a problem and waited and suddenly there were all these familiar faces, although I did not get everybody, as apparently there were 44 of us tuned in. It appears Heather had three screens in front of her. Lorna explained how it would work, putting us all on mute and if we put our hands up next to our faces, showing that we wanted to speak, she would unmute. It worked very well.

Heather Witt, Diocesan President welcomed everyone and invited Glenys, our Chaplain to lead us in prayers and Bible study. Brenda, Secretary, took apologies and she and Heather agreed there were not any Matters Arising from the last meeting in November 2019.

Wendy Evans, Treasurer, took us through the accounts which were very healthy, and she thanked David Thorley for auditing them without charge. £5,000 had been sent to Mary Sumner House, following their appeal, as like all other charities, MU has been affected by lockdown. She thanked the Branches and individuals who had also contributed. £6,131 remained in the AFIA fund as no holidays had been given due to Covid 19. £2,000

was given to Plant Dewi towards the Baby Bundles with an increase in demand at this time, with job losses etc. 108 members had paid their subs using Direct Debit. Heather and Wendy encouraged all members to pay this way saving Branch Treasurers a job and making it easier for MSH to plan ahead. There were 763 paid up members in the Diocese this year.

Heather, now in the middle of her time in Office, thought she had things sorted, and along came Covid, so had to think in different ways. She suggested Branches considered Zoom. She was aware a lot of Branches had helped, making scrubs, masks and more. She wants information as to what activities and projects have gone on, how many have helped, so that she can collate all activities in the Archdeaconary. This is the meaning of MU, what can I do? She thanked everyone for what they had done. There will be online tutoring in the Autumn from MSH for various projects. No doubt subs, now £20, will be increased next year.

The three Vice Presidents then gave their opinions and notices. Members missed church and many did not have computers. It was felt MU members should advertise themselves more, not just ladies of the church. One said she found saying prayers out loud gave more comfort. Lorna was asked and agreed to give help with the internet. Mari reminded members about the Angel Project and would be needing numbers. She had 300+ in her parish.

AOB: There would be a Mary Sumner day service on Zoom at 2pm. Glenys reminded members that the Prayer chain was working and to send the names of anyone needing our prayers to her. Marian Hope who is in charge of membership needs the names and addresses of all members to ensure they get Families Worldwide through the post. It is hoped that the next Archdeaconary meeting will be in Cwmgors on 11th November.

We were unmuted and said the Grace together and the meeting finished at 3pm good timing.

New members are very welcome. Enquiries to Jean Voyle Williams 01267 275222.

Barbara Quick

“Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.”

Francis of Assisi

“Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.”

Desmond Tutu

“We can't help everyone, but everyone can help someone.”

Ronald Reagan

Poem of encouragement

Plans might change, though we never had thought
Our lives were going to a standstill be brought
Planning and playing, considering life was all good
But life turned around when we understood
An invisible enemy had entered our land
Covid 19 choosing to take the upper hand
There is worry and anxiety with pandemic fears
Nurses and doctors haven't seen this in years
Government daily, with doctors, give news
Thanking our health workers, with raving reviews
Many in anxiety with nowhere to turn
They're now unemployed and with no way to earn
None prepared for this war that we're in
But with God's help we'll eventually win
Plans will return and we'll meet once more
Just stay apart as the doctors implore
This struggle is putting us all in a bind
But one day we'll put it all far behind

Tyrone Brown

April 17, 2020

Newyddion Cyngor Cymuned Llanddarog / Llanddarog Community Council News

Er gwaethaf cyfyngiadau Covid-19, rydym wedi gallu parhau â gwaith y Cyngor Cymuned. Mae cyfarfodydd rhithiol wedi cymryd lle cyfarfodydd wyneb yn wyneb - gwahanol ond yn ymarferol - a bu rhywfaint o oedi cyn gwneud gwaith a gynlluniwyd yn flaenorol. Gohiriwyd y toriad glaswellt cyntaf oherwydd Covid-19 ond bydd yn parhau fel arfer nawr ar yr amod nad oes unrhyw gyfyngiadau pellach. Rydym wedi cyllido ar gyfer arwyddion rhybuddio cyflymder yn Porthyrhyd ac mae hyn mewn llaw. Hefyd yn y gyllideb mae'r seddi ar gyfer y lloches ger y ciosg ffôn yn Llanddarog. Ar y cyd gyda Sied y Dynion Cwm Gwendraeth, mae'r ardal sydd wedi gordyfu o flaen yr Eglwys a'r White Hart wedi'i chlirio a bydd yn cael ei hail-hadu i hwyluso'r torri a'i chadw i edrych yn dwt ac yn daclus.

Ym mis Ebrill, pleidleisiwyd y Cynghorydd Cymunedol Margaret Rees fel Cadeirydd a Chynghorydd Cymunedol Rob Jones fel Is-gadeirydd y Cyngor. Os oes gennych unrhyw beth yr hoffech dynnu ein sylw ato, peidiwch ag oedi cyn cysylltu ag unrhyw un o'r Cynghorwyr sydd wedi'u nodi ar ein gwefan www.llanddarogcommunitycouncil.co.uk neu'r Clerc, Mr Gary Evans ar post@ccllanddarog.uk.

Despite Covid-19 restrictions, we have been able to continue Community Council work. Virtual meetings have taken the place of face to face meetings – different but workable – and there have been some delays to previously planned work. The first grass-cut was delayed due to Covid-19 but will continue as usual now, provided there is no further lockdown. We have budgeted for speed warning signs in Porthyrhyd and this is in hand. Also in the budget is the seating for the shelter by the telephone kiosk in Llanddarog. In conjunction with the Cwm Gwendraeth Men's Shed, the overgrown area in front of the Church and the White Hart has been cleared and will be re-seeded to facilitate mowing the area and keeping it looking neat and tidy. Our thanks to the Men's Shed.

In April, Community Councillor Margaret Rees was voted in as Chair and Community Councillor Rob Jones as Vice-Chair of the Council. If you have anything you wish to bring to our attention please don't hesitate to contact any of the Councillors who are identified on our website – www.llanddarogcommunitycouncil.co.uk or the Clerk, Mr Gary Evans on post@ccllanddarog.uk.

Community Councillor Margaret Rees

Newyddion Ysgol Llanddarog

Cyfnod rhyfedd a di-gynsail oedd tymor olaf y flwyddyn yn hanes yr ysgol wrth i addysg, fel pob sefydliad arall, ildio i drefn y Coronafeirws a'r cyfnod clo. Digwyddiadau cymdeithasol yr ysgol wedi'u colli am y flwyddyn. Dim mabolgampau, dim Ffair Haf, dim tripiâu hwyl i ddisgyblion na phererindod i Dy Ddewi chwaith. Yn lle hynny, bu rhaid addasu yn gyflym iawn i ddulliau newydd o weithio - dysgu o bell, gweithio o adref, cyfarfodydd TEAMS, cadw mewn cysylltiad â disgyblion a rhieni yn gyson trwy alwadau ffôn a staff yn gweithio'n gyson yn yr hybiau ysgol a sefydlwyd i ofalu am blant gweithwyr allweddol. Ie, cyfnod heriol iawn.

Braf felly oedd cael cyfle i groesawu dosbarthiadau o ddisgyblion yn ôl yn eu tro am ychydig o ddiwrnodau yn ystod tair wythnos olaf y tymor am y sesiynau 'Ailgydio, Dal i fyny a Pharatoi.' Dyma oedd cyfle i'r disgyblion i weld eu ffrindiau unwaith eto o dan drefn anarferol iawn o gadw pellter oddi wrth ei gilydd.

Roedd hefyd yn gyfle i ffarwelio ag unarddeg disgybl Blwyddyn 6 ar ddiwedd eu cyfnod ysgol gynradd, er yn anffodus, nid yn y drefn arferol o fynd ar bererindod a chymryd rhan mewn gwasanaeth arbennig yn yr Eglwys. Yn hytrach cawsant gyfle i rannu eu hatgofion a'u gobeithion yn ddigidol ac yn yr un modd cynhaliwyd cwis ar ddiwedd y tymor. Diolch i'r Eglwys hefyd am drefnu bod pob un ohonynt yn derbyn copi o'r Testament Newydd. Dymunwn y gorau oll i bob un ohonynt ar ddechrau cyfnod newydd yn eu haddysg yn yr ysgol uwchradd. Rydym yn siwr y byddant yn setlo'n ddiffwdan i drefn newydd yr ysgol uwchradd ym mis Medi.

Braf oedd croesawu Mrs Katie Strick yn ôl wedi cyfnod o famolaeth. Diolch i Mrs Rhian Campbell am gyflenwi yn ystod ei habsenoldeb.

Wrth gloi, diolchwn i Miss Vilna Thomas am ei gwasanaeth ugain mlynedd di-ffael ar Fwrdd Llywodraethwyr yr Ysgol fel cynrychiolydd yr Eglwys. Mae ei gwasanaeth a'i chyfraniad at fywyd yr ysgol wedi bod yn amhrisiadwy a'r disgyblion, yn ogystal, wedi mwynhau'n fawr ei hymweliadau cyson i'r gwasanaethau boreol wrth iddi gyflywno storïau a negeseuon Beiblaidd mewn ffordd mor ddiddorol iddynt. Croesawn nawr Mrs Wendy Jones fel cynrychiolydd yn ei lle ac edrychwn ymlaen at gydweithio gyda hi yn y flwyddyn ysgol newydd.

Marian Evans

Strength for this Challenging Time

We pray for your love and compassion to abound as we walk through his challenging season.

We ask for wisdom for those who bear the load of making decisions with widespread consequences.

We pray for those who are suffering with sickness and all who are caring for them.

We ask for protection for the elderly and vulnerable to not succumb to the risks of the virus.

We pray for misinformation to be curbed that fear may take no hold in hearts and minds.

As we exercise the good sense that you in your mercy provide, may we also approach each day in faith and peace, trusting in the truth of your goodness towards us.

www.holyspiritewloe.com

Satan:

“I will cause anxiety,
fear and panic.
I will shutdown
businesses, schools,
places of worship and sports events.
I will cause economic turmoil.”

Jesus:

“I will bring together neighbours,
restore the family unit,
I will bring dinner back
to the kitchen table.
I will help people slow down their lives
and appreciate what really matters.
I will teach my children to rely on me
and not the world.
I will teach my children to trust me
and not their money and material resources”.

A poem by an Unknown Author

Bowlio Dan Do Llanddarog Indoor Bowls

Cysylltwch/Contact: Enquiries to Lewis Jones 275593.

Knit and Natter

Cysylltwch/Contact Margaret Rees on 275479.

Merched y Wawr

Am fwy o fanylion cysylltwch ar Ysgrifennydd Eirwen Jones 01267 275593

Neuadd y Pentre Llanddarog Village Hall

Cysylltwch/Contact: Mair Davies 275271/ 07527933331

Porthyrhyd & Llanddarog Pensioners Society

The annual holiday to Bodylwyddan has been cancelled and will be re-arranged for May 2021. Enquiries to Marion Little 01267 275507.

Porthyrhyd, Y Neuadd Fach

Cysylltwch/Contact Mair Evans 01267 275411 or e-mail mairevans@hotmail.com or 01267 275730.

Llanddarog and District Women's Institute

Cysylltwch/Contact Margaret Morris 01267 275946.

What is this life if, full of care,
We have no time to stand and stare.
No time to stand beneath the boughs,
And stare as long as sheep and cows.
No time to see, when woods we pass,
Where squirrels hide their nuts in grass.
No time to see, in broad daylight,
Streams full of stars, like skies at night.
No time to turn at Beauty's glance,
And watch her feet, how they can dance.
No time to wait till her mouth can
Enrich that smile her eyes began.
A poor life this if, full of care,
We have no time to stand and stare.

W.H. Davies

Dyddiadau ar gyfer y dyddiadur / Dates for your diary

Medi / September

6 Dydd Sul / Sunday - Drindod / Trinity 13

10.30am Cymun Bendigaid / Holy Communion (Dwyieithiog / Bilingual)

13 Dydd Sul / Sunday - Drindod / Trinity 14

10.30am Boreol Weddi / Morning Prayer (Dwyieithiog / Bilingual)

20 Dydd Sul / Sunday - Drindod / Trinity 15

10.30am Boreol Weddi / Morning Prayer (Dwyieithiog / Bilingual)

Dim Gwasnaeth yn yr Ardd Fotaneg / No Service in the Botanic Garden

27 Dydd Sul / Sunday - Drindod / Trinity 16

10.30am Gwasanaeth y Diolchgarwch / Harvest Thanksgiving Service
(Dwyieithiog / Bilingual)

5.00pm Gwasanaeth Ordeinio yng Nghadeirlan Ty Ddewi / Ordination
Service at St David's Cathedral. (This date could change as a
result of COVID 19 restrictions)

Hydref / October

4 Dydd Sul / Sunday - Drindod / Trinity 17

10.30am Boreol Weddi / Morning Prayer (Dwyieithiog / Bilingual)

11 Dydd Sul / Sunday - Drindod / Trinity 18

10.30am Cymun Bendigaid / Holy Communion (Dwyieithiog / Bilingual)

18 Dydd Sul / Sunday - Luc yr Efengylwr / Luke the Evangelist

10.30am Boreol Weddi / Morning Prayer (Dwyieithiog / Bilingual)

Dim Gwasanaeth yn yr Ardd Fotaneg / No Service at the Botanic Garden

25 Dydd Sul / Sunday – Sul y Beibl / Bible Sunday

10.30am Cymun Bendigaid / Holy Communion (Dwyieithiog / Bilingual)

As we are in the Amber Phase for Covid-19, we are restricted to having only ONE service on a Sunday. All our services for September/October will be at 10.30am and they will be Bilingual.

*These are correct at present. You will be informed if we have to make any changes.

Swyddogion St Twrog Officials

Wardeniaid / Wardens	Mrs Mair Rees	275396
	Mr Huw Voyle-Williams	275222
Trysorydd / Treasurer	Mr Robert Jones	275756
Ysgrifennydd / Secretary	Miss Vilna Thomas	275372
Undeb Y Mamau / Mothers' Union		
Ysgrifennydd / Secretary	Mrs Mair Rees	275396
Ysgrifennydd Cynorthwyol / Assistant Secretary	Elizabeth Wills	01269 832569
Trysorydd / Treasurer	Mrs Margaret Rees	275479
Clwb Iau	Mrs Helen Beynon	275623
	Mrs Sian Plimmer	07761083414
	Mrs Maria Jones	07528378374
Glanhauwraig / Cleaner	Mrs Pam Roper	275656
Swyddog Diogelwch Iechyd / Health & Safety Officer	Mr Huw Voyle Williams	275222
Swyddog Diogelu / Safeguarding Officer	Mrs Daphne Evans	275666
Cydlynnydd Y Wefan / Website Coordinator	Mrs Margaret Rees	275479